

DOACs & Kidney Dysfunction

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Presenter

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Direct Oral Anticoagulants Versus Warfarin Across the Spectrum of Kidney Function: Patient-Level Network Meta-Analyses From COMBINE AF

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From Thought Leadership to Clinical Practice

Disclosures

Renato D Lopes, MD MHS PhD

- Research grants or contracts from Amgen, Bristol-Myers Squibb, GlaxoSmithKline, Medtronic, Pfizer, Sanofi-Aventis
- Funding for educational activities or lectures from Pfizer, Bristol-Myers Squibb, Novo Nordisk, AstraZeneca
- Funding for consulting or other services from Bayer, Boehringer Ingelheim, Bristol-Myers Squibb, Novo Nordisk, AstraZeneca

Good News:

**Oral anticoagulation with warfarin
is very effective at preventing
stroke, BUT we can do better**

Non-Vitamin K Antagonist Oral Anticoagulants (“NOACs”)

	Dabigatran	Rivaroxaban	Apixaban	Edoxaban
Mechanism of action	Selective direct FIIa inhibitor	Selective direct FXa inhibitor	Selective direct FXa inhibitor	Selective direct FXa inhibitor
Bioavailability	Oral prodrug with poor oral bioavailability (6.5%)	Good oral bioavailability	Good oral bioavailability	Good oral bioavailability
T_{1/2}	12 - 17 hours	6 - 9 hours	12 hours	9 - 11 hours
Dosing	Twice daily	Once or twice daily	Twice daily	Once or twice daily
Time action	1 - 4 hrs post-dose for max. inhibition	1 - 4 hrs post-dose for max. inhibition	1 - 4 hrs post-dose for max. inhibition	1 - 4 hrs post-dose for max. inhibition
Platelet aggregation	No direct effect	No direct effect	No direct effect	No direct effect
Elimination	80% renal	35% renal	25% renal	50% renal

Eriksson BI, et al. *Clin Pharmacokinet.* 2009;48:1-22.



RELY[®]

Study of stroke prevention
in atrial fibrillation

ROCKET AF The logo for the ROCKET AF study, featuring the word "ROCKET" in grey and "AF" in grey, with a stylized rocket ship icon to the right.

ARISTOTLE[™] The logo for the ARISTOTLE study, featuring the word "ARISTOTLE" in white and yellow, with a stylized red and yellow triangle to the left and a row of colored dots below.

Engage AF
TIMI 48 The logo for the Engage AF TIMI 48 study, featuring the word "Engage" in blue, "AF" in green, and "TIMI 48" in yellow, with a stylized yellow and green waveform above.

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From Thought Leadership to Clinical Practice

Phase 3 Trials of NOAC vs Warfarin

	RELY	ROCKET	ARISTOTLE	ENGAGE-AF
Sample size	18,113	14,266	18,201	21,150
New treatment	Dabigatran 110mg BID Dabigatran 150mg BID	Rivaroxaban 20mg QD	Apixaban 5mg BID	Edoxaban 30mg QD Edoxaban 60mg QD
Design	Non-inferiority PROBE	Non-inferiority Double-blind	Non-inferiority Double-blind	Non-inferiority Double-blind
Patients	AF + CHADS2 ≥ 1	AF + CHADS2 ≥ 2	AF + CHADS2 ≥ 1	AF + CHADS2 ≥ 2
Renal Exclusion	CrCl < 30 ml/min	CrCl < 30 ml/min	CrCl < 25 ml/min	CrCl < 30 ml/min
Primary outcome	Stroke (ischemic or hemorrhagic) or systemic embolism	Stroke (ischemic or hemorrhagic) or systemic embolism	Stroke (ischemic or hemorrhagic) or systemic embolism	Stroke (ischemic or hemorrhagic) or systemic embolism
Safety outcome	Primary: Major Bleeding Secondary: Major Bleeding + CRNM	Primary: Major Bleeding Secondary: Major Bleeding + CRNM	Primary: Major Bleeding Secondary: Major Bleeding + CRNM	Primary: Major Bleeding Secondary: Major Bleeding + CRNM

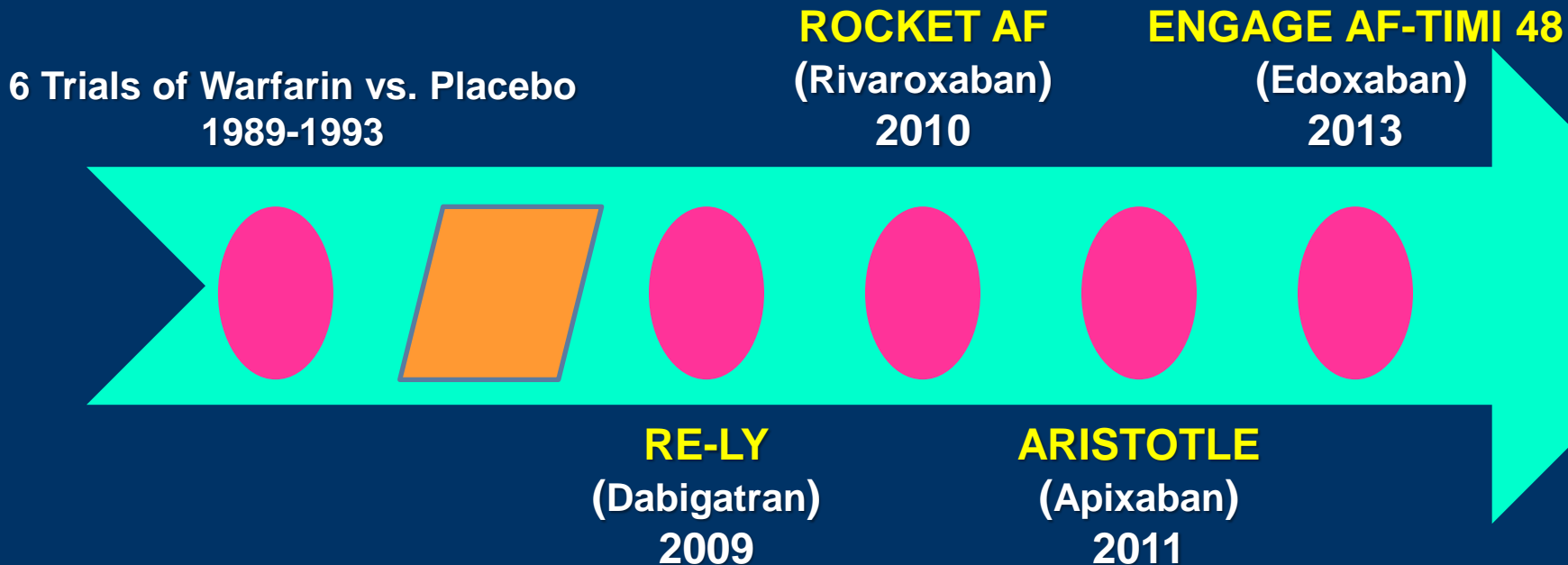
Connolly S et al NEJM 2009; Patel M et al NEJM 2011; Granger C et al NEJM 2011;
ENGAGE- AF Study Investigators. AHJ 2010

Pivotal Warfarin-Controlled Trials

Stroke Prevention in AF

Warfarin vs. Placebo
2,900 Patients

NOACs vs. Warfarin
71,683 Patients



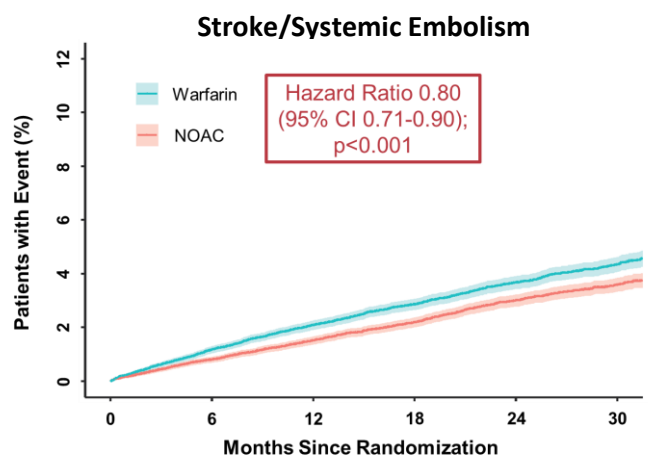
Non-Vitamin K Antagonist Oral Anticoagulants Versus Warfarin in Atrial Fibrillation

Individual Patient Data from the Pivotal Randomized Trials



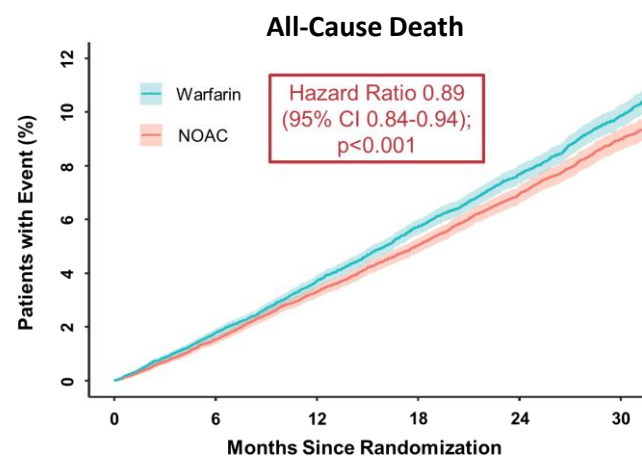
(A Collaboration between Multiple institutions to Better Ivestigate Non-vitamin K antagonist
oral anticoagulant use in Atrial Fibrillation)

Kaplan-Meier Curves



Number at Risk (number of events)

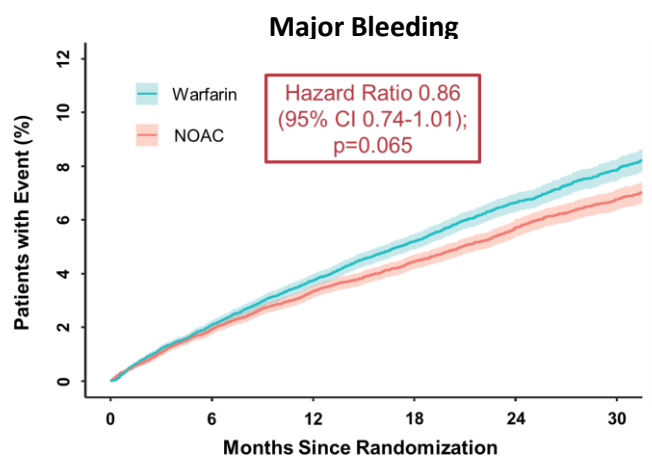
Warfarin	29229 (0)	28027 (336)	27051 (591)	21654 (786)	15324 (944)	8870 (1031)
NOAC	29312 (0)	28256 (231)	27328 (431)	21907 (602)	15595 (761)	9027 (837)



Number at Risk (number of events)

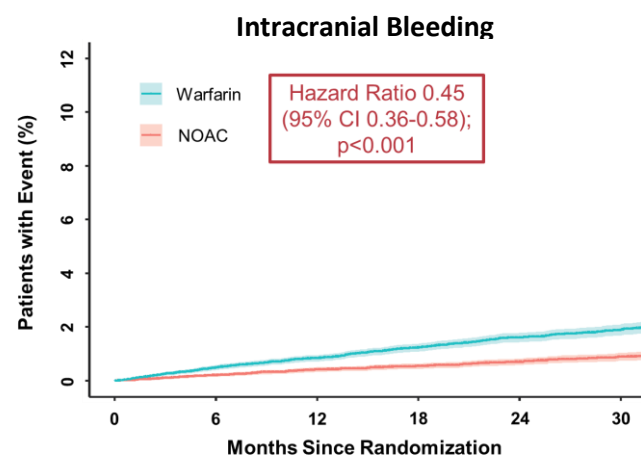
Warfarin	29229 (0)	28302 (512)	27476 (1067)	22120 (1587)	15735 (1987)	9139 (2289)
NOAC	29312 (0)	28462 (442)	27654 (956)	22276 (1404)	15951 (1794)	9271 (2080)

Kaplan-Meier Curves



Number at Risk (number of events)

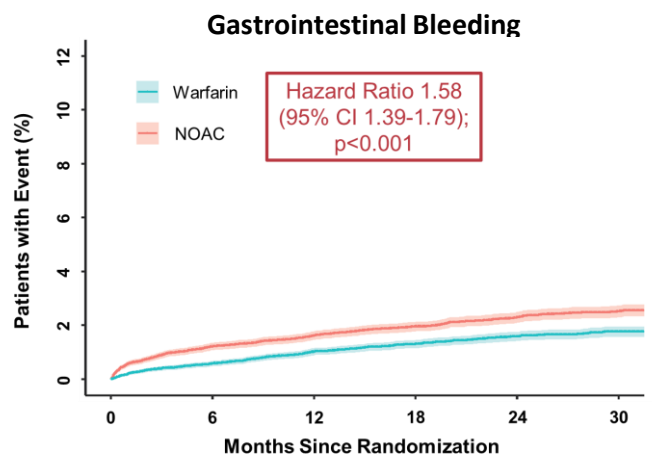
Warfarin	29187 (0)	25639 (572)	23562 (992)	18382 (1311)	12618 (1555)	7009 (1686)
NOAC	29270 (0)	25375 (521)	23456 (877)	18258 (1117)	12577 (1321)	7050 (1434)



Number at Risk (number of events)

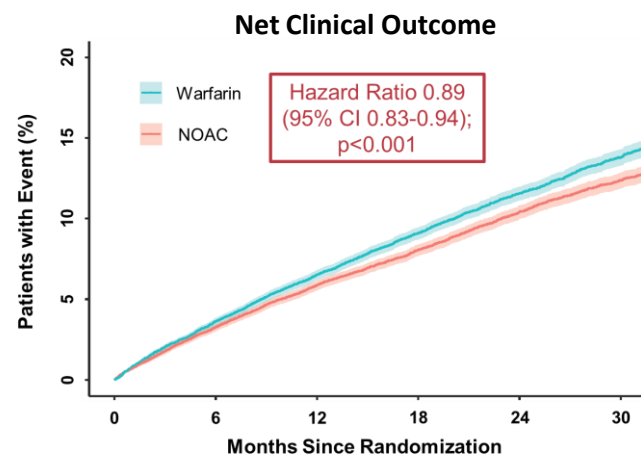
Warfarin	29187 (0)	25900 (132)	23995 (219)	18854 (306)	13037 (369)	7299 (398)
NOAC	29270 (0)	25624 (55)	23863 (107)	18685 (133)	12986 (159)	7317 (179)

Kaplan-Meier Curves



Number at Risk (number of events)

Warfarin	29187 (0)	25792 (160)	23804 (269)	18677 (330)	12906 (377)	7226 (395)
NOAC	29270 (0)	25393 (335)	23577 (436)	18413 (508)	12791 (564)	7206 (588)



Number at Risk (number of events)

Warfarin	29187 (0)	25567 (999)	23446 (1744)	18260 (2327)	12504 (2758)	6946 (3012)
NOAC	29270 (0)	25323 (890)	23378 (1555)	18178 (2040)	12502 (2445)	6996 (2666)

Net clinical outcome = composite stroke, systemic embolism, major bleeding, all-cause death



European Society
of Cardiology

European Heart Journal (2020) **00**, 1 – 126
doi:10.1093/eurheartj/ehaa612

ESC GUIDELINES

2020 ESC Guidelines for the diagnosis and management of atrial fibrillation developed in collaboration with the European Association of Cardio-Thoracic Surgery (EACTS)

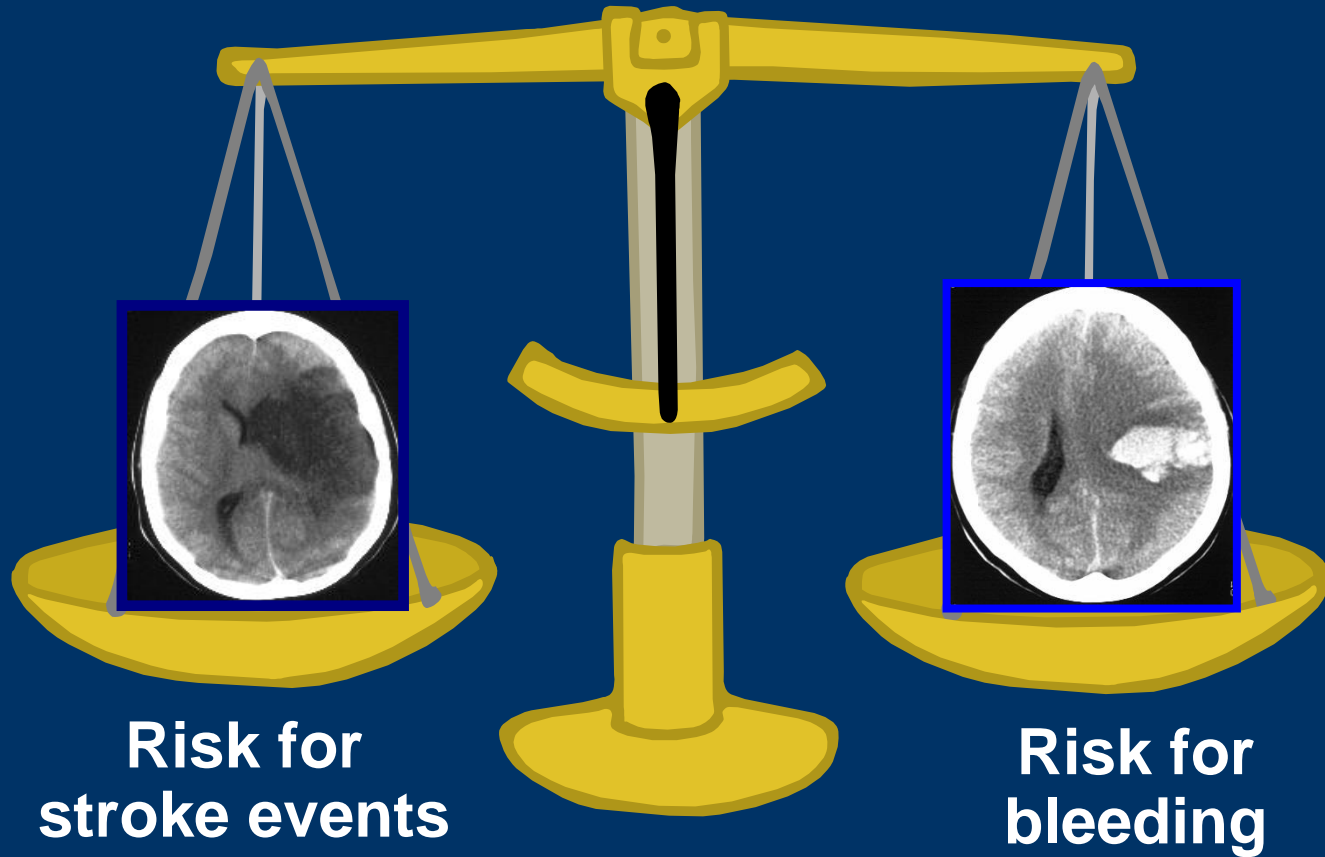
The Task Force for the diagnosis and management of atrial fibrillation of the European Society of Cardiology (ESC)

Developed with the special contribution of the European Heart Rhythm Association (EHRA) of the ESC

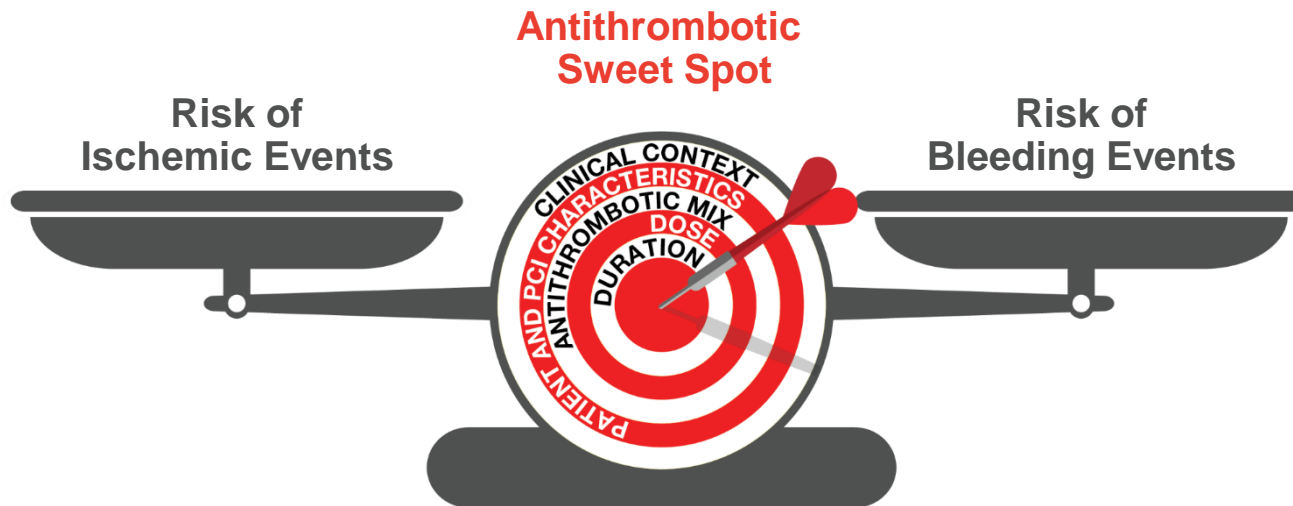
Oral Anticoagulation (2020 ESC AF Guidelines)

Recommendations	Class	Level
For stroke prevention in AF patients who are eligible for OAC, NOACs are recommended in preference to VKAs. (excluding patients with mechanical heart valves or moderate-to-severe mitral stenosis)	I	A
In patients on VKAs with low time in INR therapeutic range (e.g. TTR<70%), recommended options are:		
• Switching to a NOAC but ensuring good adherence and persistence with therapy or	I	B
• Efforts to improve TTR (e.g. education/counselling and more frequent INR checks).	IIa	B
Antiplatelet therapy alone (monotherapy or aspirin in combination with clopidogrel) is not recommended for stroke prevention in AF.	III	A

Anticoagulant Therapy in Atrial Fibrillation



Finding the Antithrombotic Sweet Spot



The right combination of antithrombotic agents at the right dose and duration to reduce ischemic events as much as possible at a minimal cost of bleeding

Lopes RD et al. EHJ, 2019



NOACs and Renal Disease

Who Are We Talking About?

- Helen – 84 yo female with...
 - AF, CHA₂DS₂-VASC = 4
 - HTN
 - EF 45%,
 - Weight 75 kg
 - Cr 2.0 mg/dL, CrCl 25 ml/min



- David – 65 yo male with...
 - AF, CHA₂DS₂-VASC = 3
 - HTN
 - Diabetes
 - Weight 70 kg
 - ESRD on HD x 4 years



Non-Vitamin K Antagonist Anticoagulants ("NOACs")

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Bioavailability	Oral prodrug with poor oral bioavailability (6.5%)	Good oral bioavailability	Good oral bioavailability	Good oral bioavailability
T_½	12 - 17 hours	6 - 9 hours	~12 hours	9 - 11 hours
Dosing	Twice daily	Once daily	Twice daily	Once daily
Time action	1 - 4 hrs post-dose for max. inhibition	1 - 4 hrs post-dose for max. inhibition	1 - 4 hrs post-dose for max. inhibition	1 - 4 hrs post-dose for max. inhibition
Platelet aggregation	No direct effect	No direct effect	No direct effect	No direct effect
Elimination	80% renal	35% renal	25% renal	50% renal

Phase 3 Trials of “NOACs” vs Warfarin



	RELY	ROCKET	ARISTOTLE	ENGAGE-AF
Sample size	18,113	14,266	18,201	21,150
New treatment	Dabigatran 110 mg BID Dabigatran 150 mg BID	Rivaroxaban 20 mg QD	Apixaban 5 mg BID	Edoxaban* 30/15 mg QD Edoxaban* 60/30 mg QD
Design	Non-inferiority PROBE	Non-inferiority Double-blind	Non-inferiority Double-blind	Non-inferiority Double-blind
Patients	AF + CHADS2 ≥ 1	AF + CHADS2 ≥ 2/3	AF + CHADS2 ≥ 1	AF + CHADS2 ≥ 2
Renal Exclusion	CrCl < 30 ml/min	CrCl < 30 ml/min	CrCl < 25 ml/min	CrCl < 30 ml/min
Primary outcome	Stroke (ischemic or hemorrhagic) or systemic embolism	Stroke (ischemic or hemorrhagic) or systemic embolism	Stroke (ischemic or hemorrhagic) or systemic embolism	Stroke (ischemic or hemorrhagic) or systemic embolism
Safety outcome	Primary: Major Bleeding Secondary: Major Bleeding + CRNM	Primary: Major + CRNM Bleeding Secondary: Major Bleeding	Primary: Major Bleeding Secondary: Major Bleeding + CRNM	Primary: Major Bleeding Secondary: Major Bleeding + CRNM

Connolly S et al NEJM 2009; Patel M et al NEJM 2011; Granger C et al NEJM 2011; Giugliano RP, et al. NEJM 2013

NOAC Dosing Depends Mainly on Renal Function

Drug ^{*†}	Dose
Dabigatran ¹	<ul style="list-style-type: none"> • CrCl >30 mL/min: 150 mg PO BID • CrCl 15-30 mL/min: 75 mg PO BID^b • CrCl <15 mL/min: not recommended
Rivaroxaban ²	<ul style="list-style-type: none"> • CrCl >50 mL/min: 20 mg PO once daily • CrCl 15-50 mL/min: 15 mg PO once daily • CrCl <15 mL/min: not recommended
Apixaban ³	<ul style="list-style-type: none"> • 5 mg PO BID • Dose adjusted to 2.5 mg PO BID for patients aged ≥80 y, weight ≤60 kg, or SCr ≥1.5 mg/dL • Hemodialysis 5 mg PO BID with dose adjusted to 2.5 mg BID for patients aged ≥80 y or weight ≤60 kg
Edoxaban ⁴	<ul style="list-style-type: none"> • Both doses (30 mg and 60 mg) halved if CrCl 30-50 mL/min, low body weight ≤60 kg or taking concomitant verapamil, quinidine or dronedarone • Patients with CrCL <30 mL/min were excluded from ENGAGE-AF TIMI 48

*For dabigatran, rivaroxaban, and edoxaban, patients with CrCl <30 mL/min were excluded from clinical trials;
for apixaban, patients with CrCl <25 mL/min were excluded

†The 75-mg dose of dabigatran was not evaluated in clinical trials, but is an FDA-approved dose

1. Pradaxa® (dabigatran etexilate mesylate) [prescribing information]. Ridgefield, CT: Boehringer Ingelheim Pharmaceuticals Inc.; 11/2012.

2. Xarelto® (rivaroxaban) [prescribing information]. Titusville, NJ: Janssen Pharmaceuticals, Inc.; 11/2012.

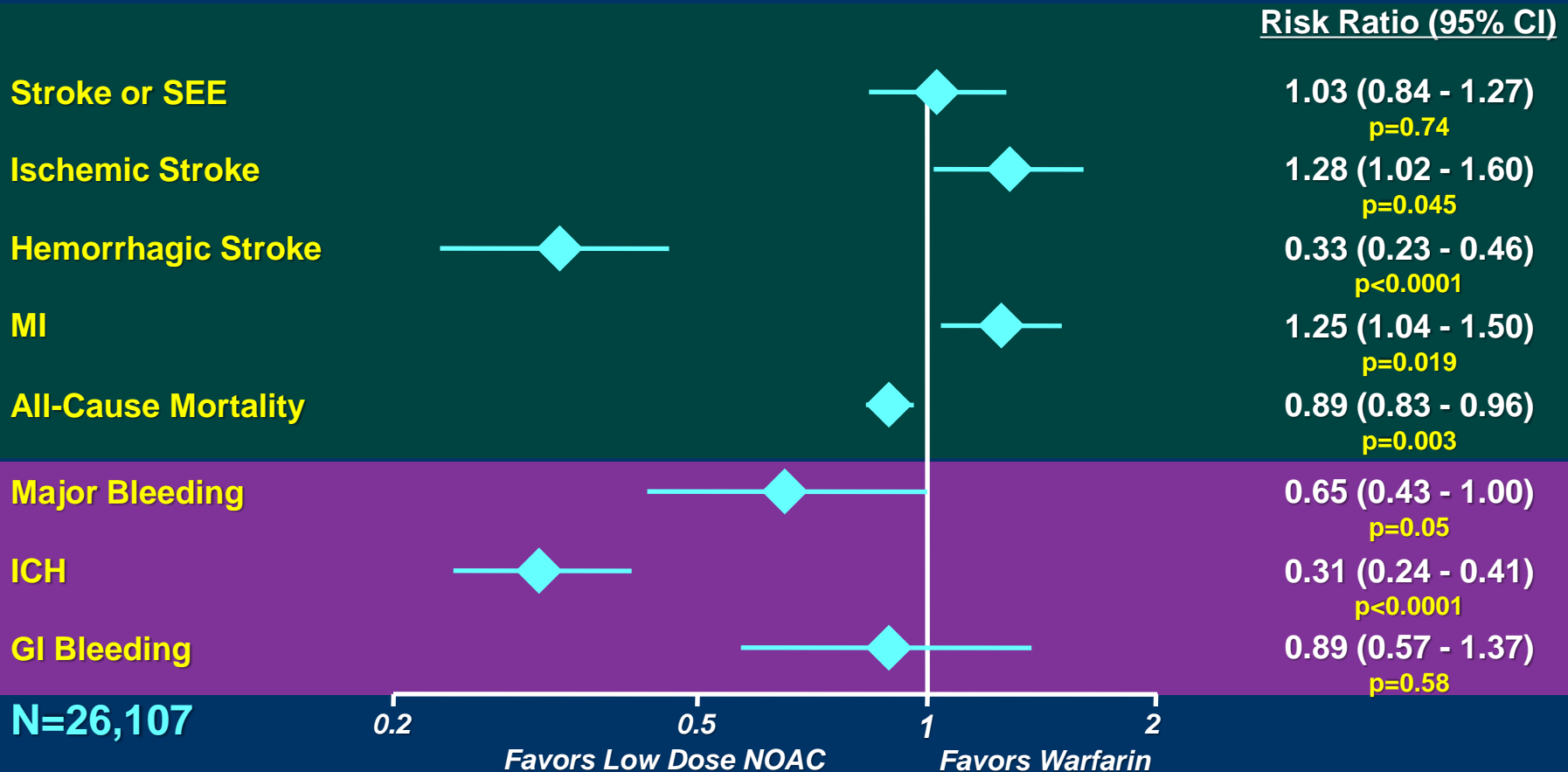
3. Eliquis® (apixaban) [prescribing information]. Princeton, NJ: Bristol-Myers Squibb Company; 1/2014.

4. Giugliano RP et al. *N Engl J Med*. 2013; 369:2093-2104.

For individual products please refer to the local label information in your country
Edoxaban approval status and label may vary from country to country

Low Dose Regimens Efficacy & Safety Outcomes

Dabigatran 110 mg & Edoxaban 30 mg, meta-analysis



P=NS for outcomes except:
Major Bleeding, p<0.001
GI Bleeding, p=0.01

“Dose-Adjusted” NOACs



At least 2 of 3....

Age >80 yrs, Cr >1.5 mg/dL, Wt <60 kg



Estimate CrCl 30-49 ml/min

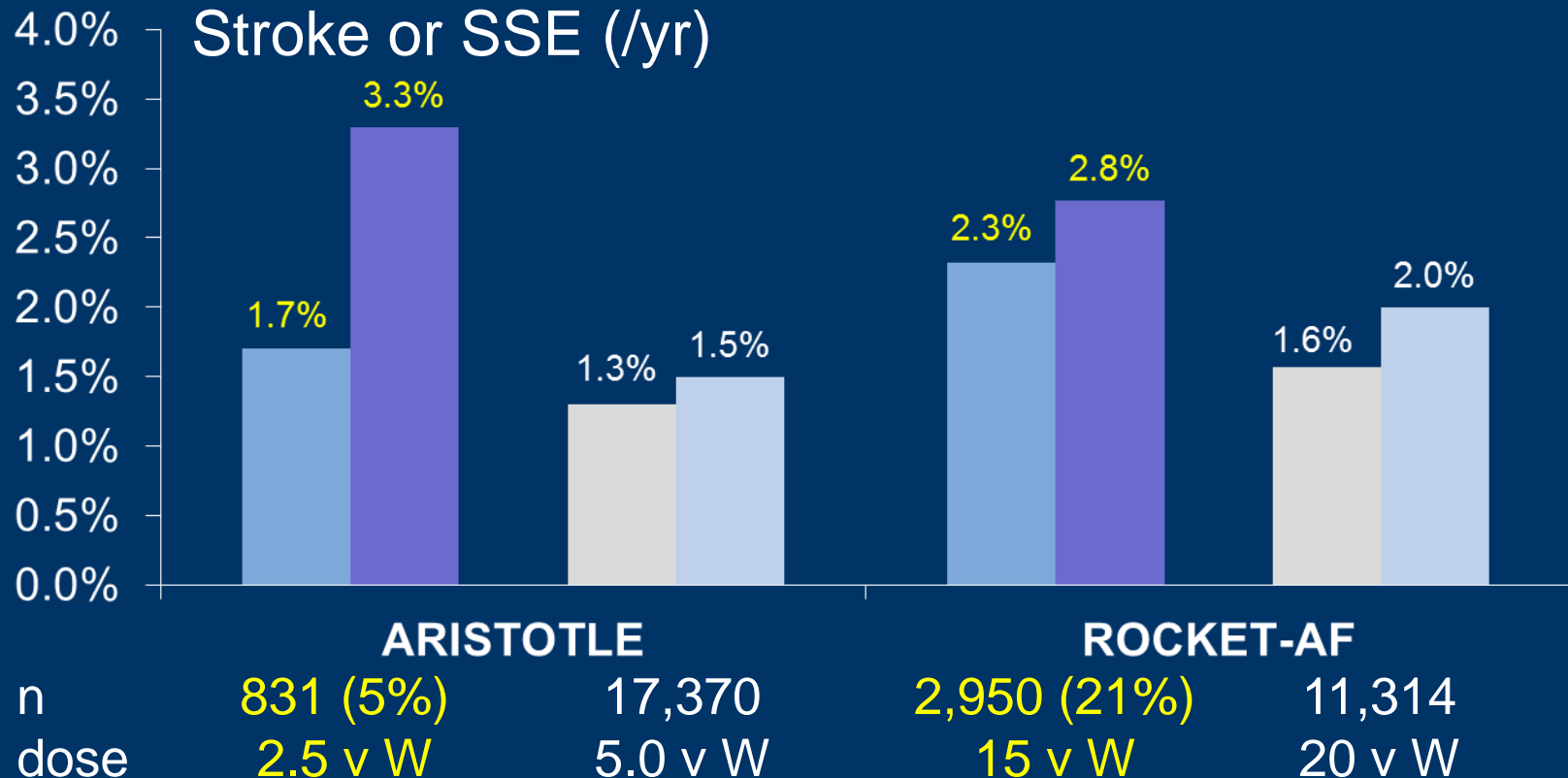
Major Bleeding (%/yr)

3.3 / 6.7

2.1 / 3.0

4.5 / 4.7

3.4 / 3.2



“Low- Dose” NOACs are Less Effective (and Safer)



Major Bleeding (%/yr)

2.7

3.1

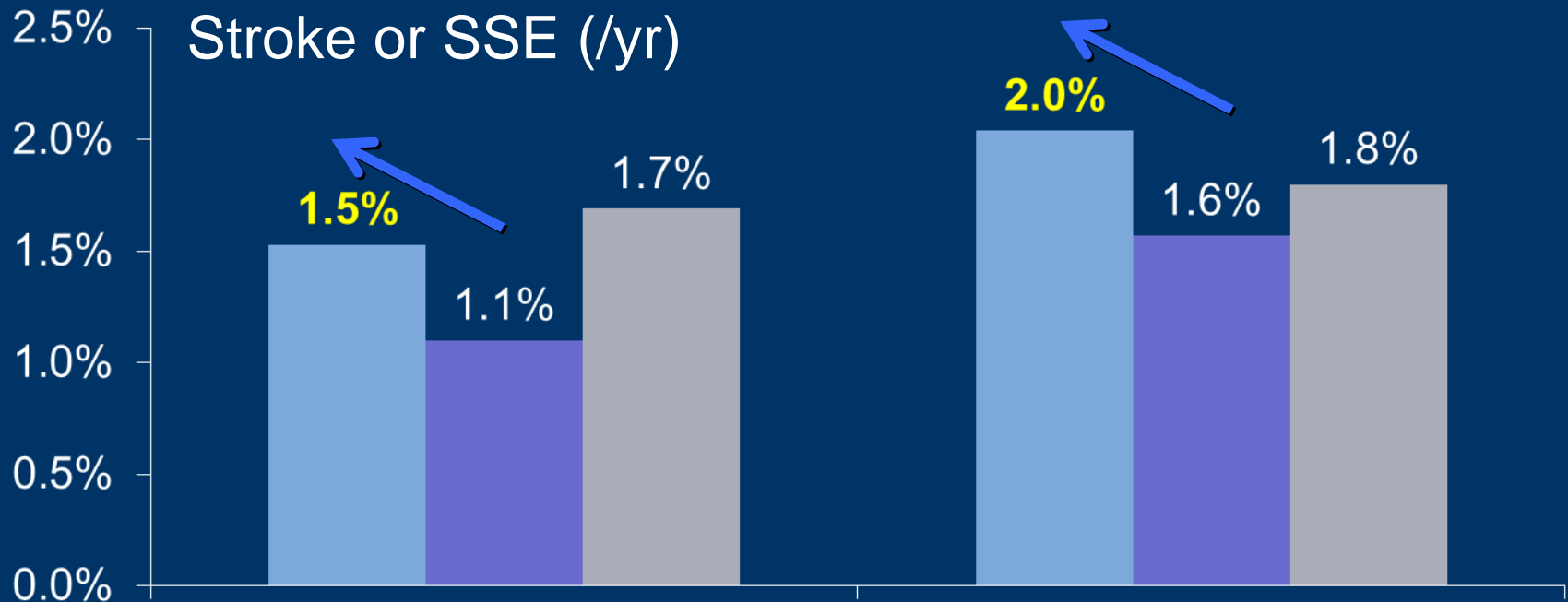
3.4

1.6

2.8

3.4

Stroke or SSE (/yr)



RE-LY

ENGAGE

n **6015** 6076 6022
dose **110** 150 W

7034 7035 7036
30/15 60/30 W

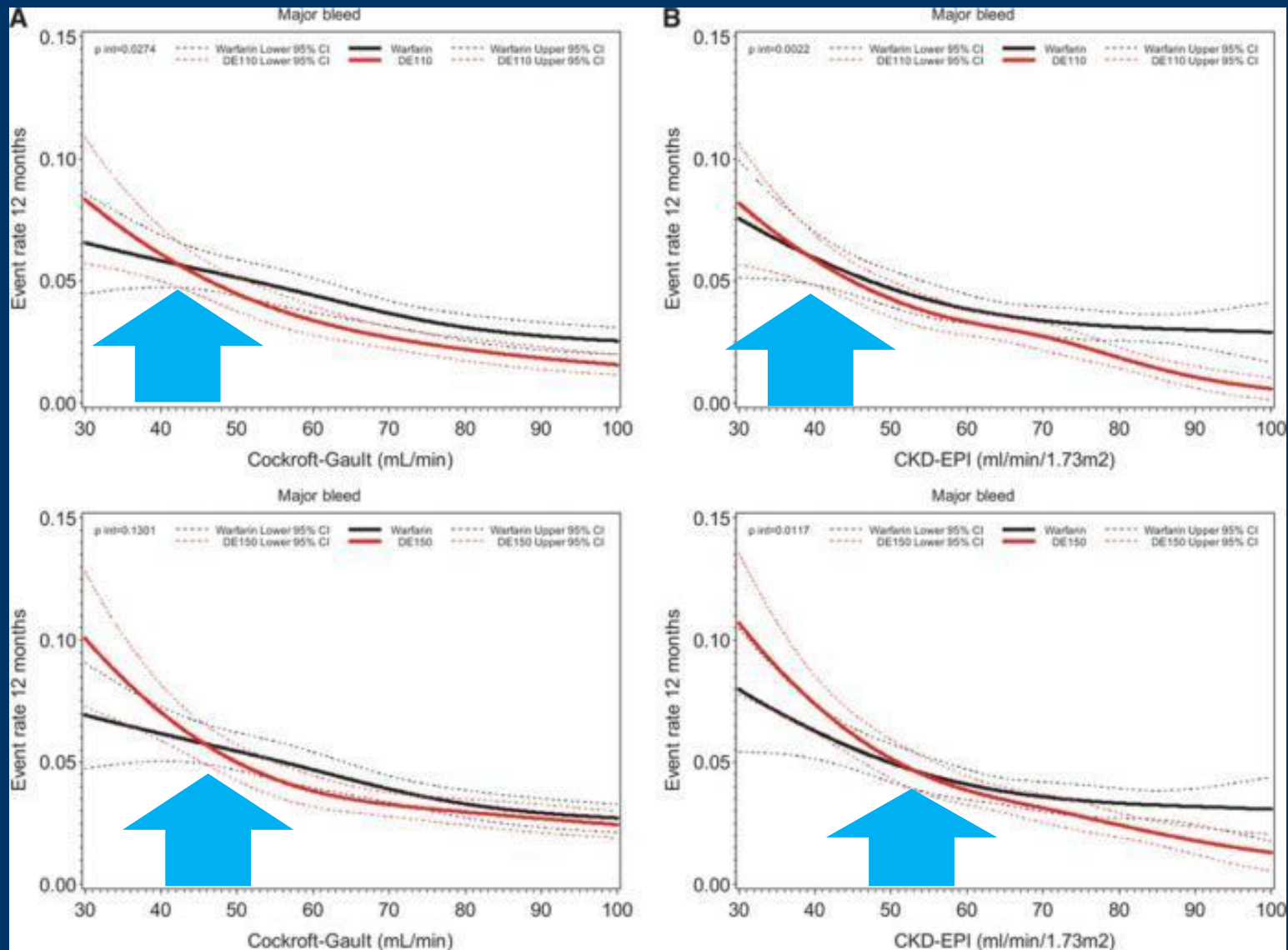
Renal Function and Dabigatran

Table 3 Estimated Pharmacokinetic Parameters of Dabigatran by Renal Function

Renal Function	CrCl (mL/min)	Increase in AUC	Increase in C_{\max}	$t_{1/2}$ (h)
Normal	80	1x	1x	13
Mild	50	1.5x	1.1x	15
Moderate	30	3.2x	1.7x	18

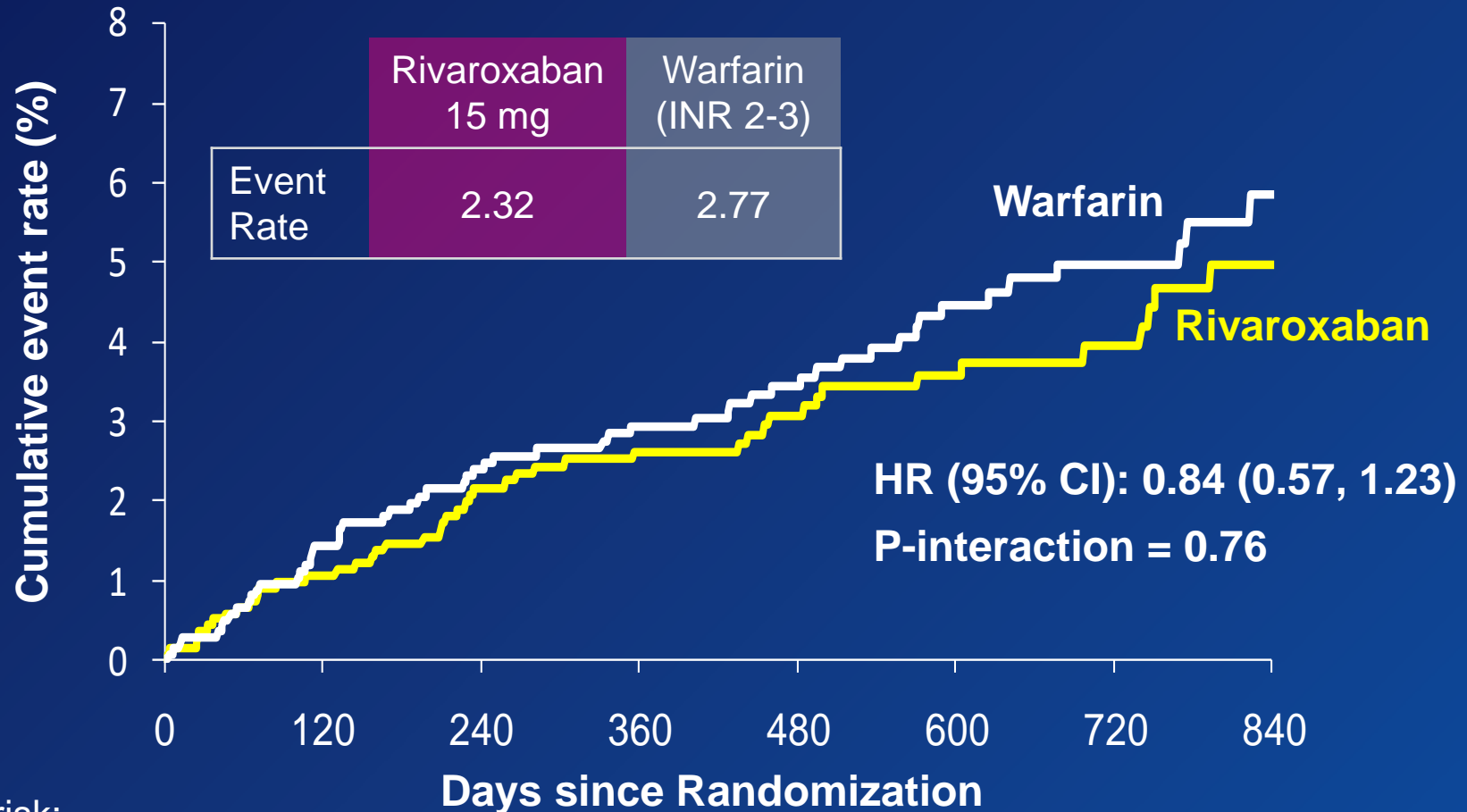
Major Bleeding to Renal Function (CrCl)

Dabigatran 110 mg BID (top) and 150 mg BID (bottom)



Stroke or non-CNS embolism

CrCl 30–49 mL/min



No. at risk:

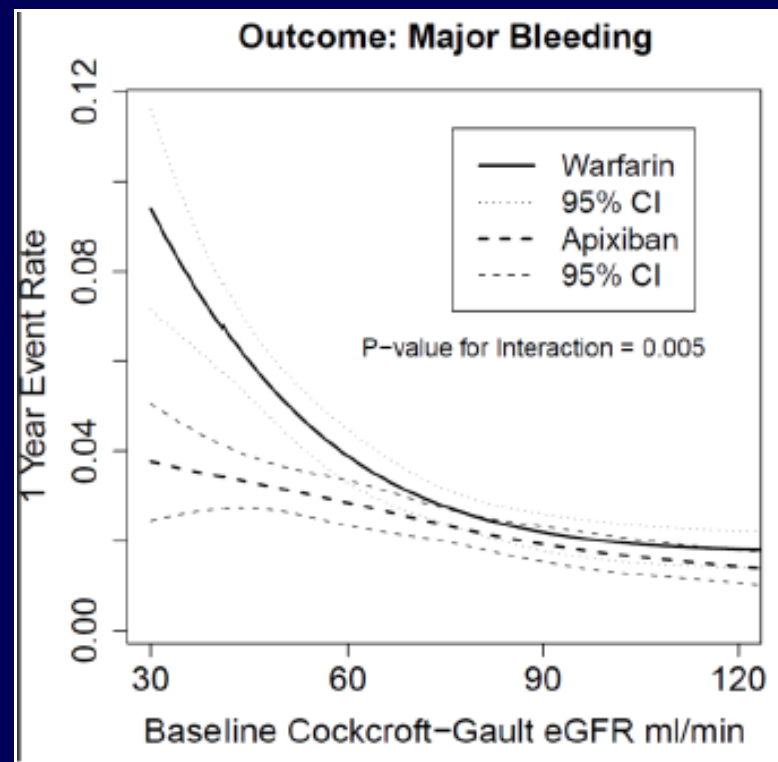
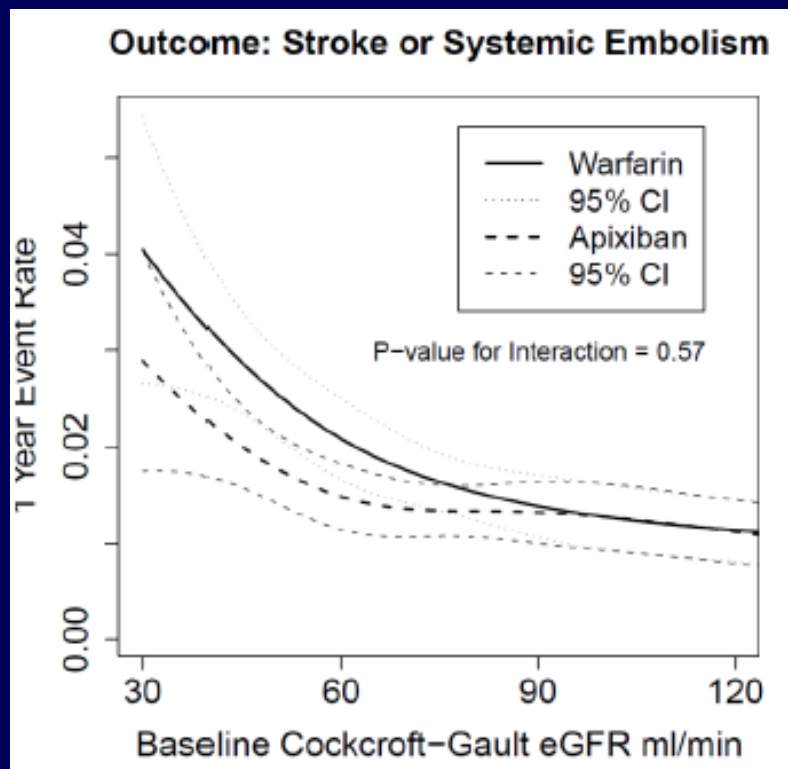
Rivaroxaban	1434	1226	1103	1027	806	621	442	275
Warfarin	1439	1261	1140	1052	832	656	455	272

Event rates are % per year

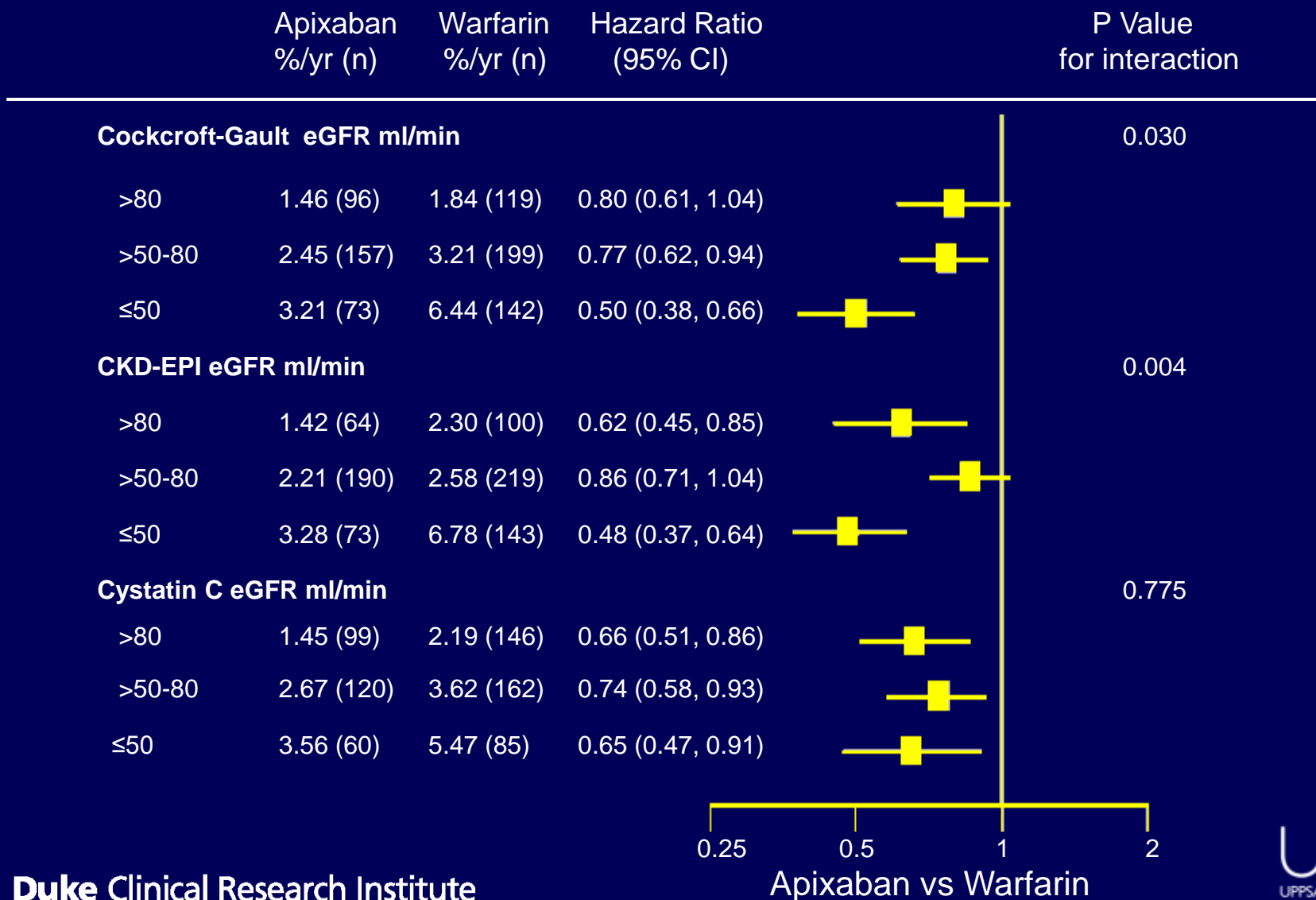
Based on Protocol Compliant on Treatment Population

Fox KAA, Eur Heart J 2011

Renal Function

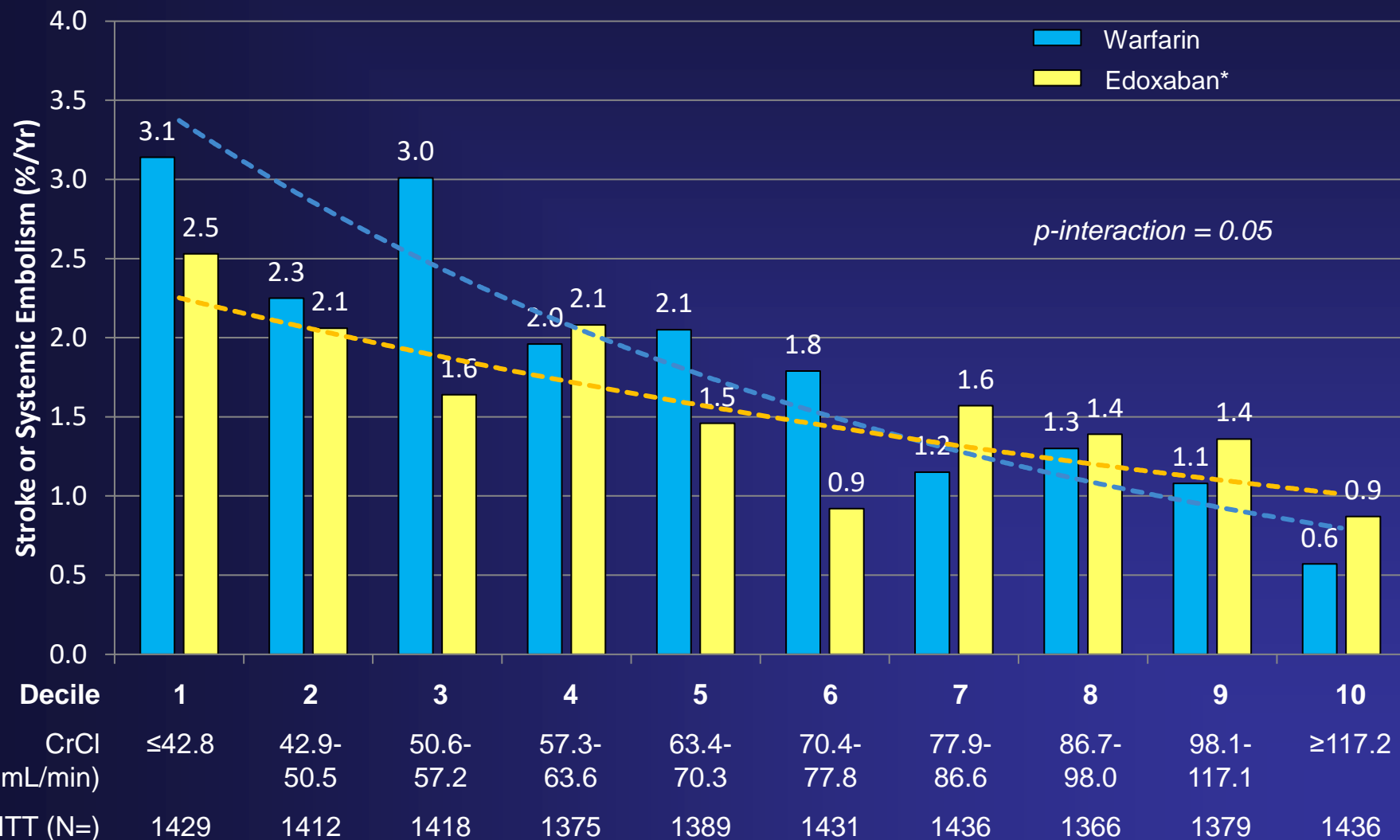


Apixaban versus Warfarin: Effect on Major Bleeding According to Kidney Function



Stroke or SE by CrCl Decile

Intention-to-treat Overall Study Period

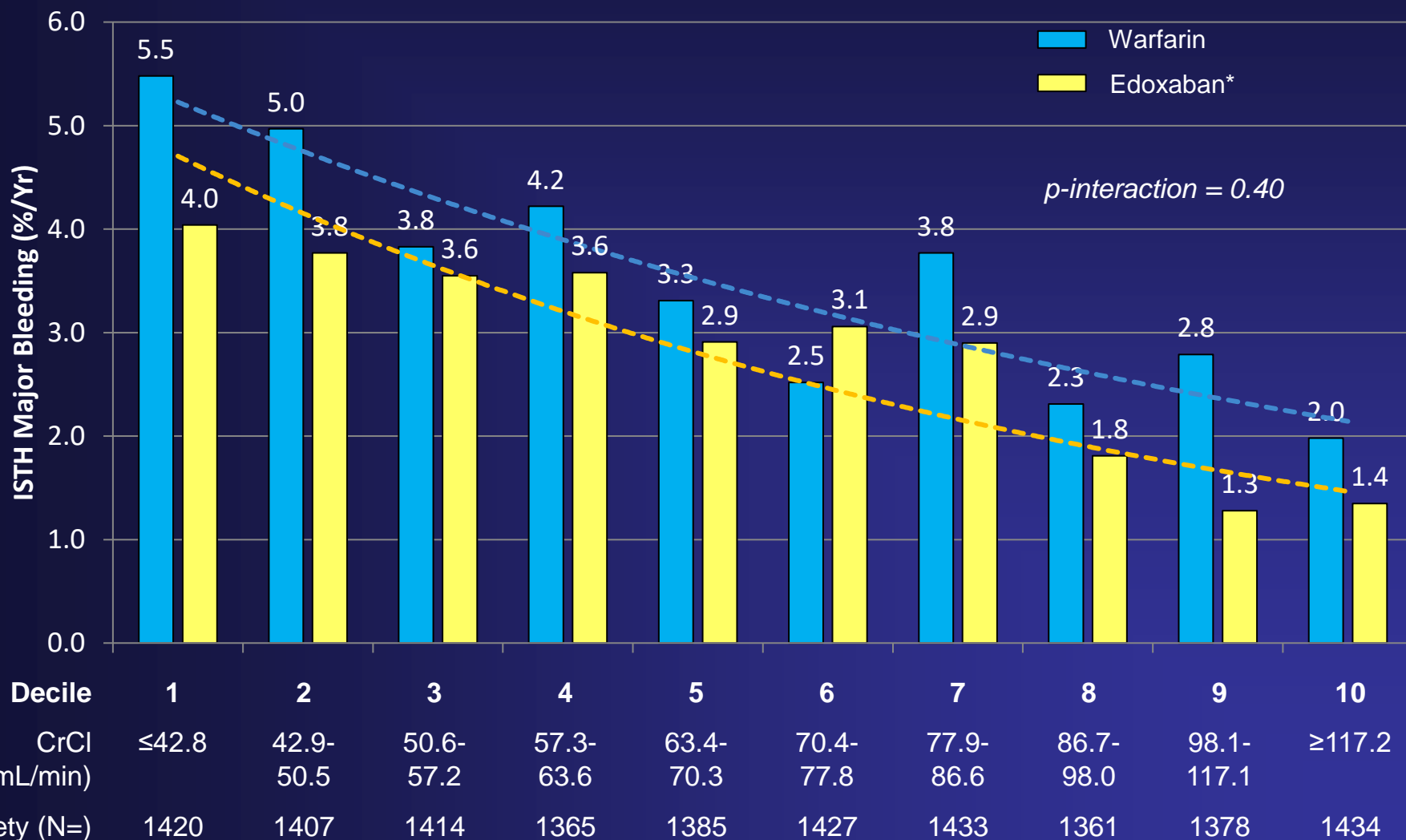


*Edoxaban 60mg or 30mg if dose-reduced for $CrCl \leq 50$, weight ≤ 60 kg or P-gp use

Bohula, AHA Nov 2015, Orlando, FL

Major Bleeding by CrCl Decile

Safety Population



*Edoxaban 60mg or 30mg if dose-reduced for CrCl≤50, weight ≤60kg or P-gp use

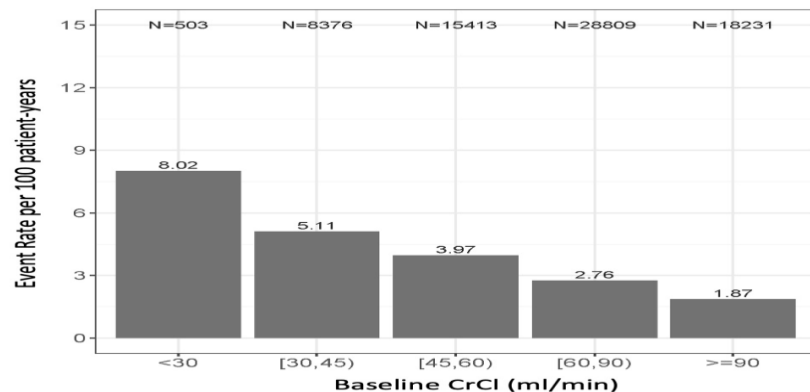
Bohula, AHA Nov 2015, Orlando, FL



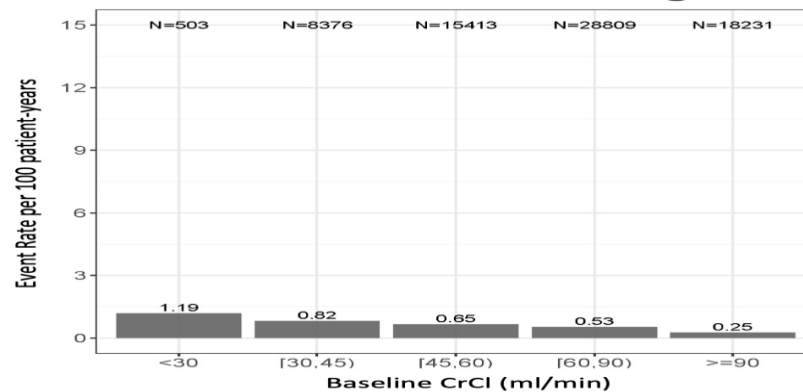
Direct Oral Anticoagulants Versus Warfarin Across the Spectrum of Kidney Function: Patient-Level Network Meta-Analyses From COMBINE AF

Josephine Harrington^{ID}, MD; Anthony P. Carnicelli^{ID}, MD; Kaiyuan Hua^{ID}, MS; Lars Wallentin^{ID}, MD, PhD; Manesh R. Patel^{ID}, MD; Stefan H. Hohnloser^{ID}, MD; Robert P. Giugliano^{ID}, MD, ScM; Keith A.A. Fox^{ID}, MB, ChB; Ziad Hijazi^{ID}, MD, MPH; Renato D. Lopes^{ID}, MD, MHS, PhD; Sean D. Pokorney^{ID}, MD, MBA; Hwanhee Hong, PhD; Christopher B. Granger^{ID}, MD

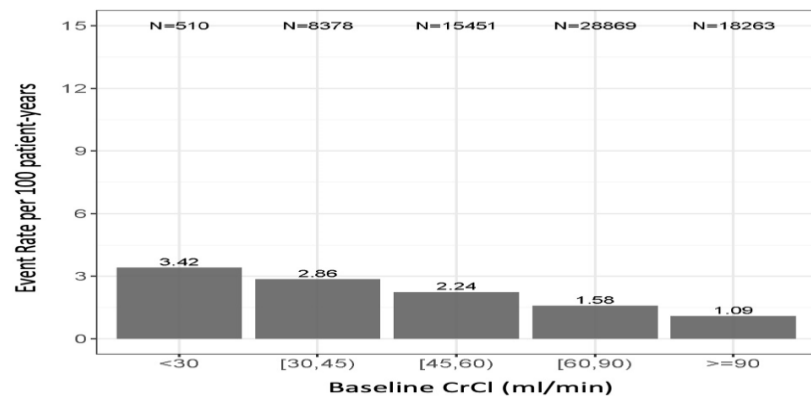
Major Bleeding



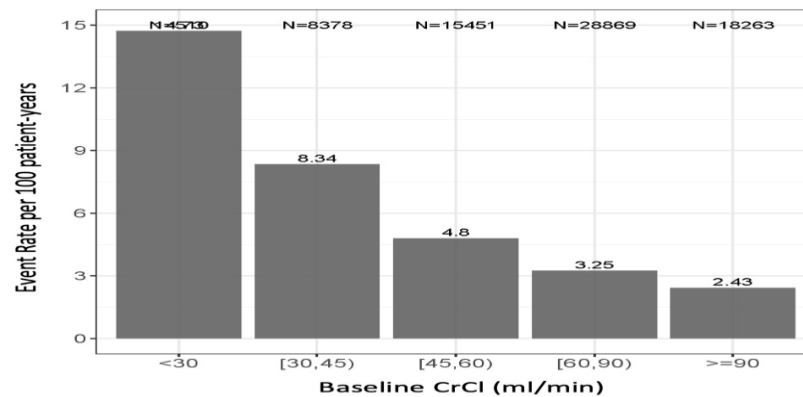
Intracranial Hemorrhage

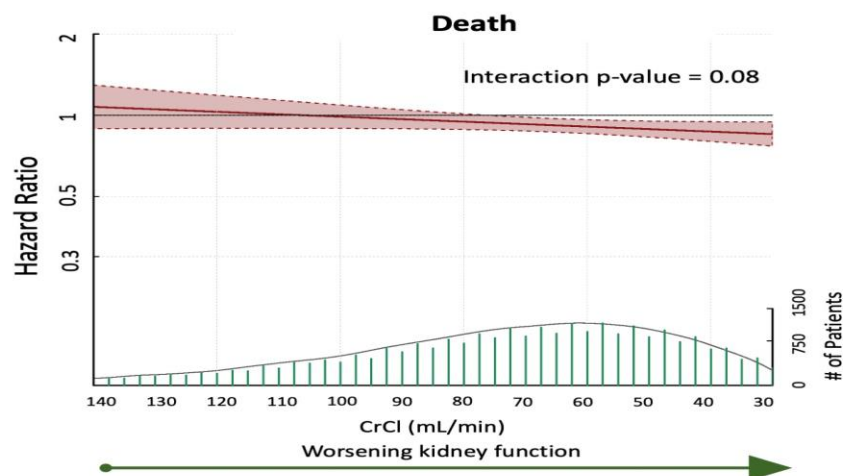
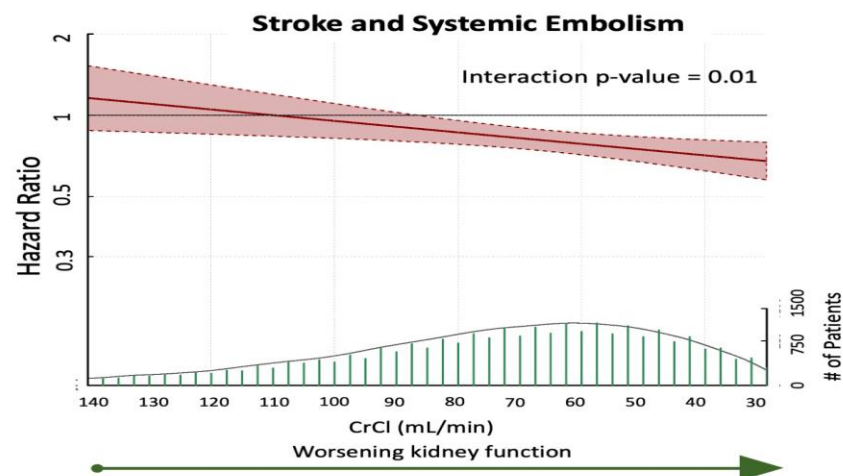
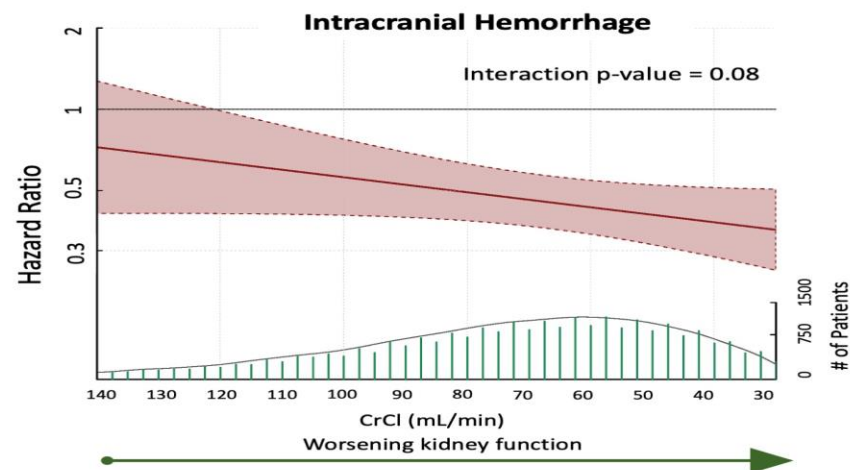
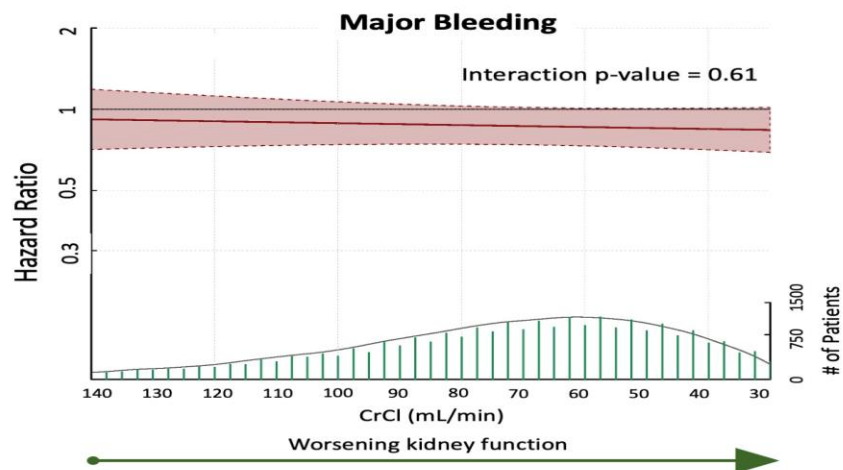


Stroke/Systemic Embolism



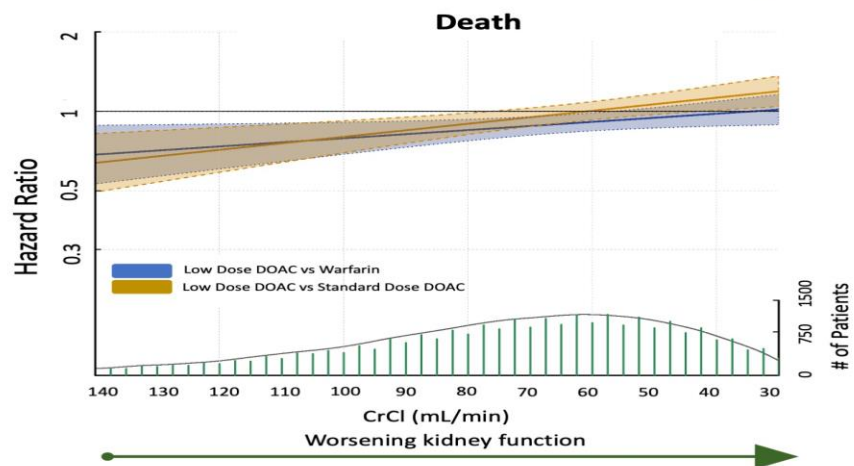
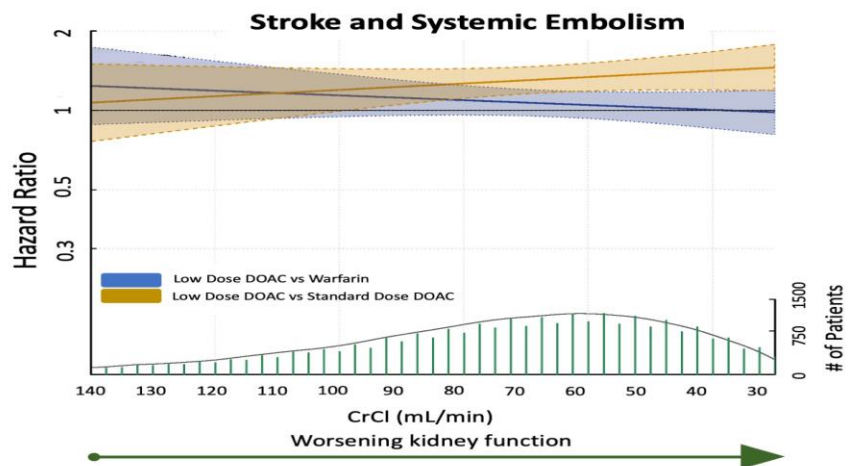
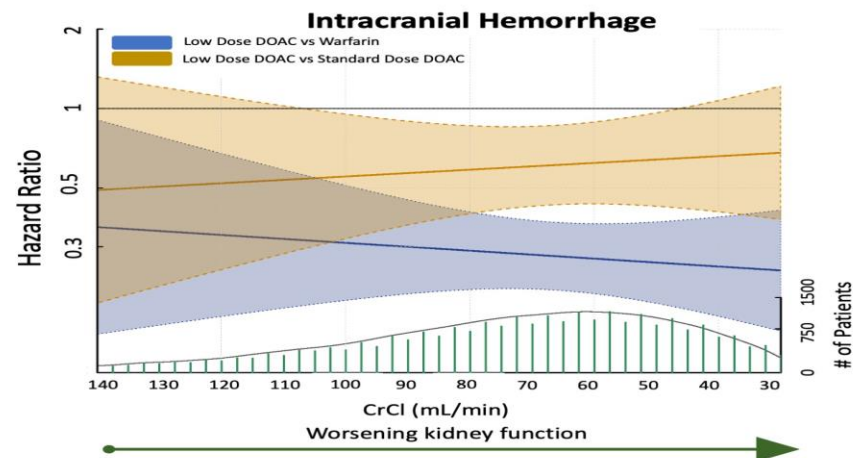
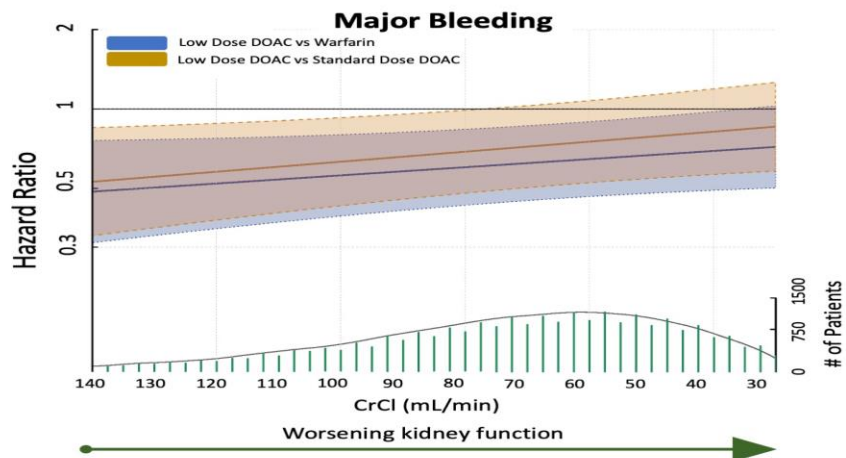
Death





Standard Dose vs Low Dose

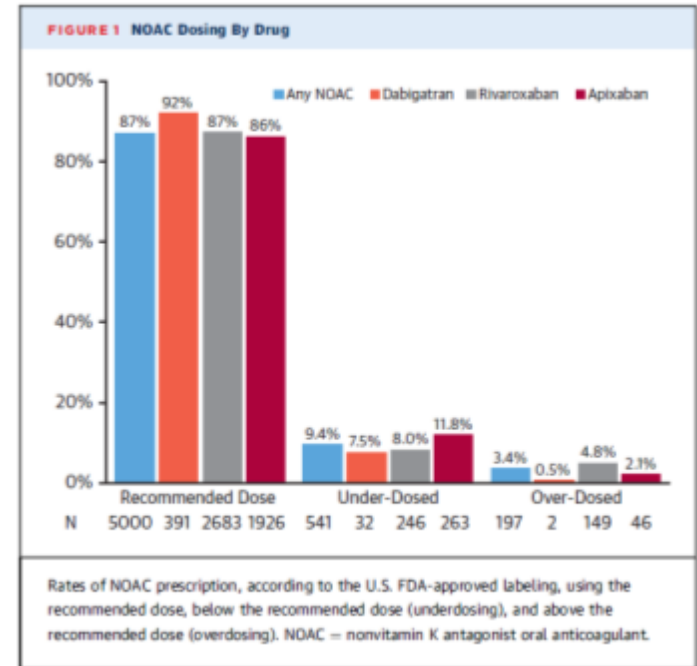
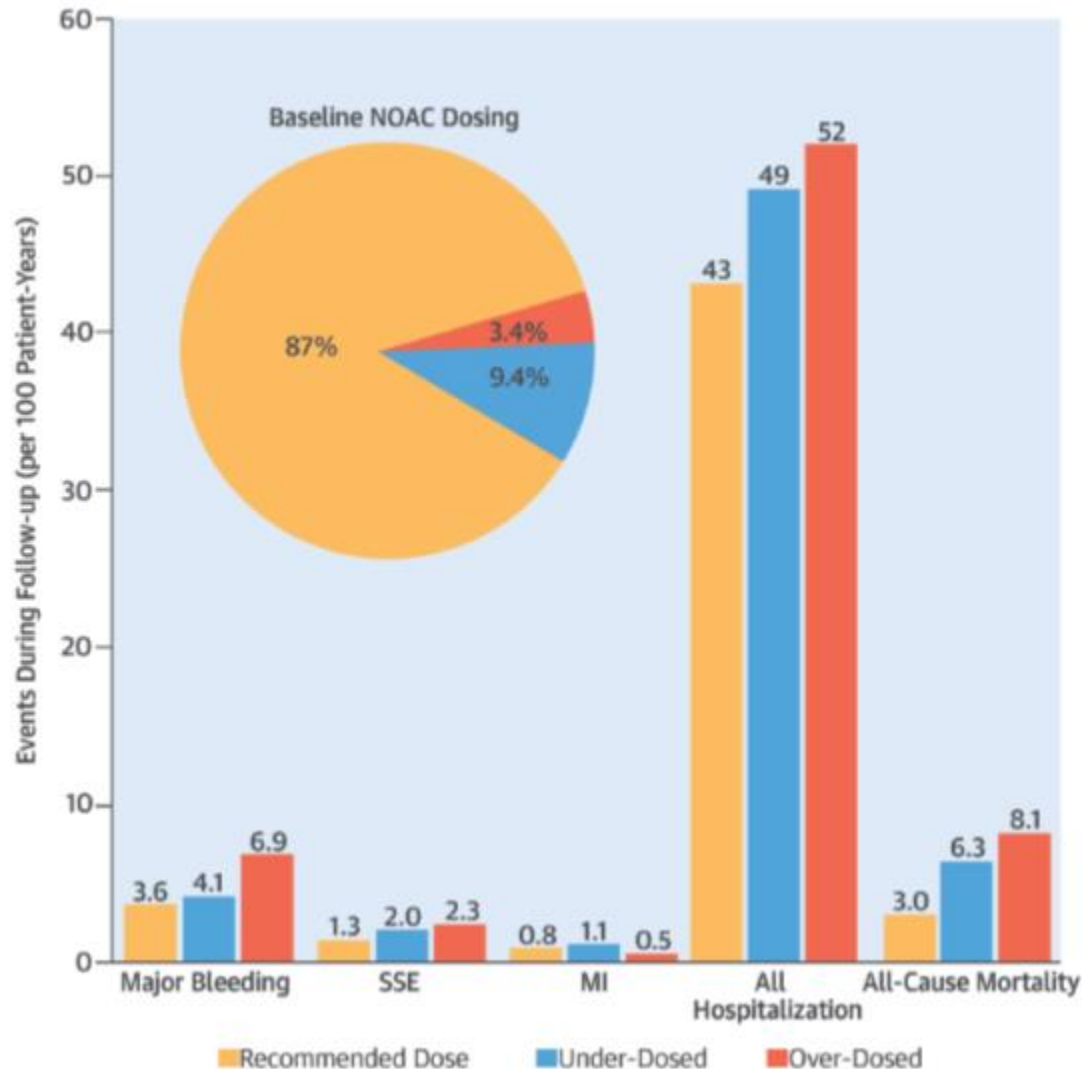
weight. Standard-dose DOACs were defined as the standard dose used in ROCKET AF or ARISTOTLE (with trial protocol-specified dose adjustment based on age, weight, and kidney function) and as the DOAC randomization arm with the higher dosing regimen in RE-LY (150 mg of dabigatran twice daily) or ENGAGE AF-TIMI 48 (60 mg of edoxaban once daily or 30 mg once daily for patients meeting trial criteria for dose adjustment). Lower-dose DOACs were defined as the DOAC randomization arm with the lower dosing regimen in RE-LY (110 mg of dabigatran twice daily) or ENGAGE AF-TIMI 48 (30 mg of edoxaban once daily or 15 mg once daily for patients meeting trial criteria for dose adjustment).



Conclusion

CONCLUSIONS: Standard-dose DOACs are safer and more effective than warfarin down to a CrCl of at least 25 mL/min. Lower-dose DOACs do not significantly lower the incidence of bleeding or ICH compared with standard-dose DOACs but are associated with a higher incidence of S/SE and death. These findings support the use of standard-dose DOACs over warfarin in patients with kidney dysfunction.

Off-Label Dosing of Non-Vitamin K Antagonist Oral Anticoagulants and Adverse Outcomes: The ORBIT-AF II Registry.



- A significant minority (almost 1 in 8) of U.S. patients in the community received NOAC doses inconsistent with labeling.
- NOAC over- and underdosing are associated with increased risk for adverse events.

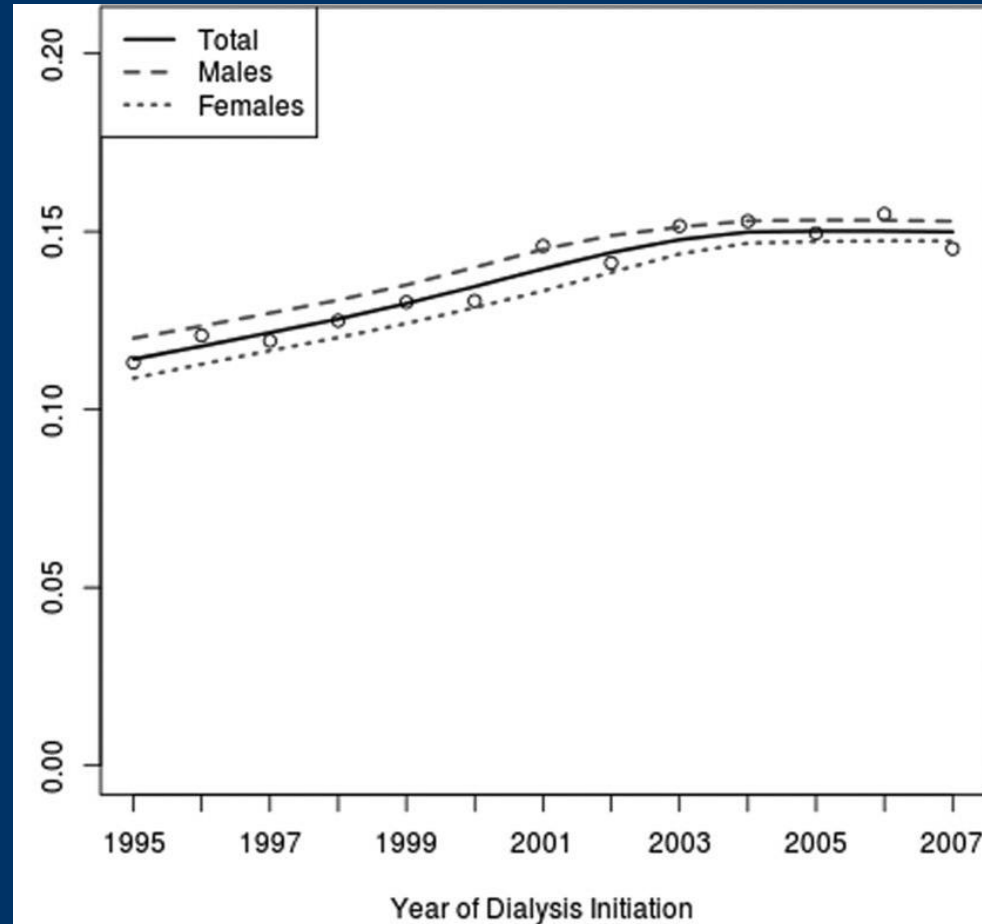
Hemodialysis

- Prothrombotic
- Coagulopathic



Incidence of AF in ESRD

- Medicare patients initiating dialysis 1995-2007 without prior AF in last 2 years (N=258,605)
- 29% developed AF prior to death or kidney transplantation
- Probability of developing AF within 1-year of dialysis increased:
 - 11.3% (1995)-14.5% (2007)



CKD and 6-month Mortality

Variable	Regression Coefficient	aOR (95% CI)	P	Points
Age category				
65-69 y	0	1.00 (reference)		0
70-74 y	0.0675	1.07 (0.76-1.50)	0.7	0
75-79 y	0.0191	1.02 (0.72-1.43)	0.9	0
≥80 y	0.4493	1.57 (1.13-2.17)	0.007	2
eGFR				
0-9.9 mL/min/1.73 m ²	0	1.00 (reference)		0
10-14.9 mL/min/1.73 m ²	0.2846	1.33 (0.97-1.82)	0.08	1
≥15 mL/min/1.73 m ²	0.9590	2.61 (1.98-3.44)	<0.001	3
Atrial fibrillation				
No	0	1.00 (reference)		0
Yes	0.5694	1.77 (1.36-2.29)	<0.001	2
Congestive heart failure				
No	0	1.00 (reference)		0
Yes	0.4336	1.54 (1.19-2.01)	0.001	2
Lymphoma				
No	0	1.00 (reference)		0
Yes	1.3019	3.68 (2.30-5.89)	<0.001	5
Metastatic cancer				
No	0	1.00 (reference)		0
Yes	0.9671	2.63 (1.53-4.52)	<0.001	3
Hospitalization in prior 6 mo				
No	0	1.00 (reference)		0
Yes	0.4310	1.54 (1.21-1.96)	<0.001	2

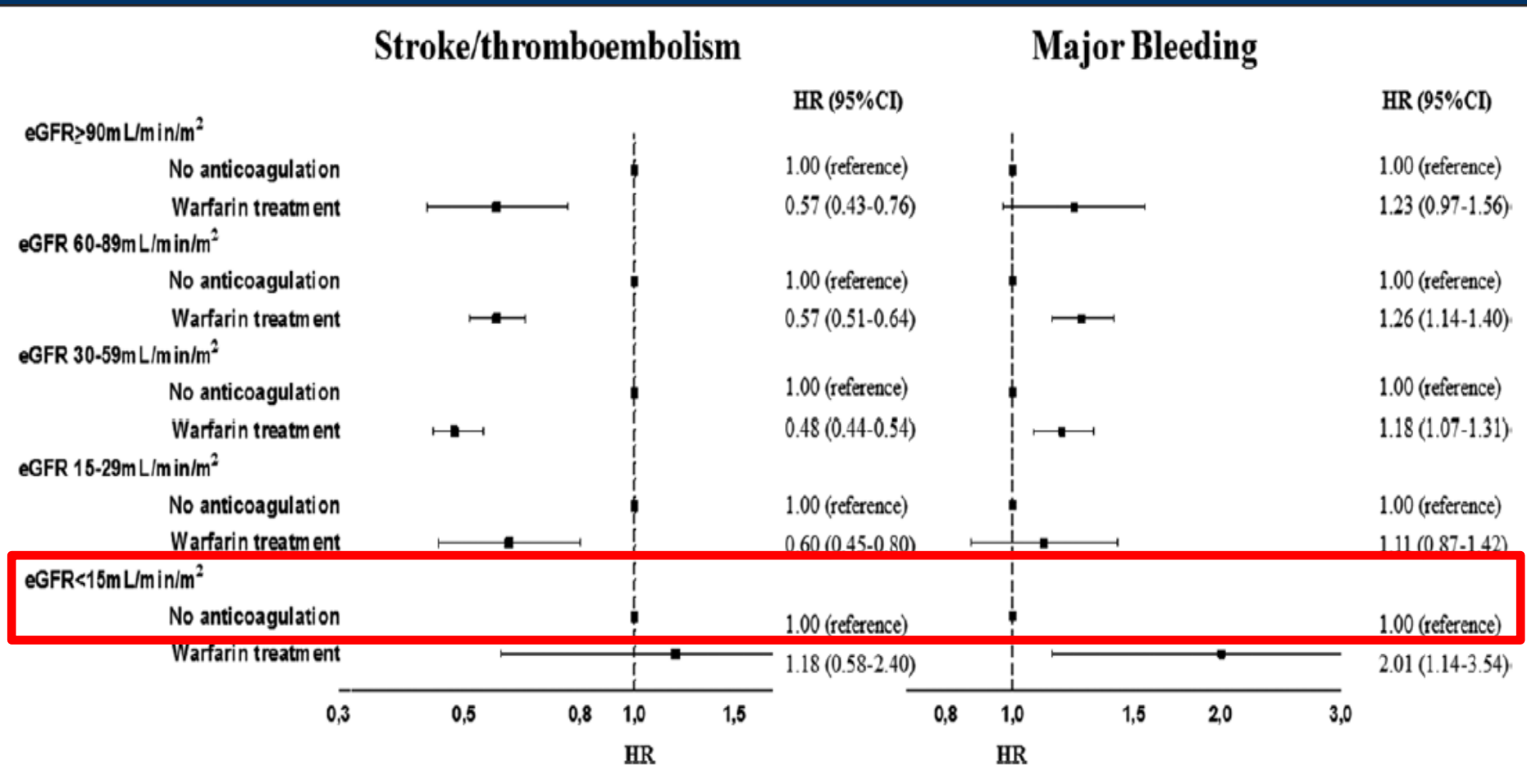
Renal Function and the Risk of Stroke and Bleeding in Patients With Atrial Fibrillation

An Observational Cohort Study

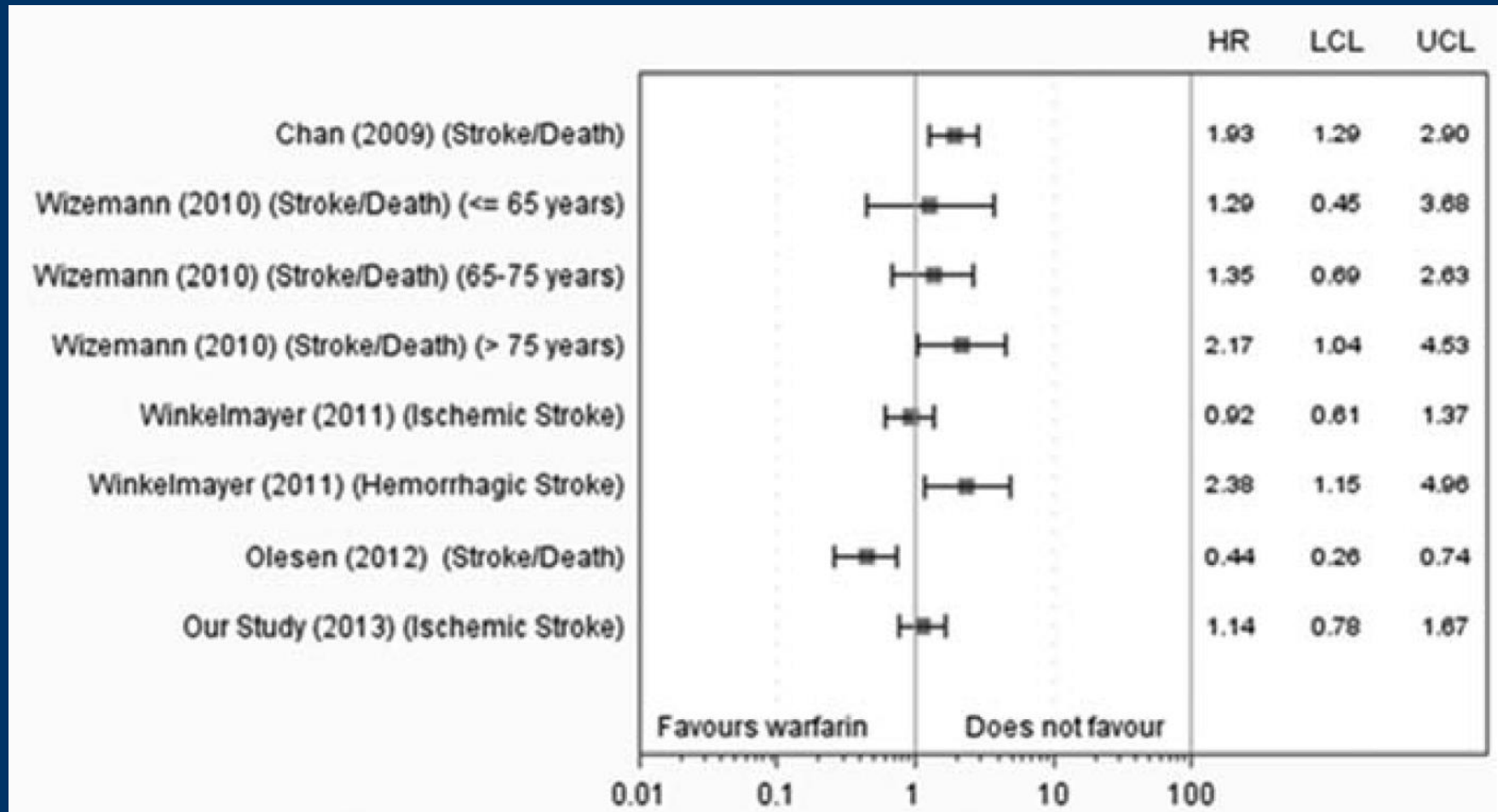
Anders Nissen Bonde, MB; Gregory Y.H. Lip, MD*; Anne-Lise Kamper, MD, DMSc;

Emil L. Fosbøl, MD, PhD; Laila Staerk, MD; Nicholas Carlson, MD;

Christian Torp-Pedersen, MD, DMSc; Gunnar Gislason, MD, PhD; Jonas Bjerring Olesen, MD, PhD*



AF, dialysis, warfarin use in Ontario and Quebec, 1998 to 2007



AF and CKD

To Anticoagulate (VKA) or Not?

CKD not on dialysis:

- Evidence supporting efficacy of VKA / NOAC in CKD 3
- Some support for its effectiveness in CKD 4 & 5

ESRD on hemodialysis:

- No trials
- Rather conflicting evidence on effectiveness
 - Results dependent on study designs
- Low treatment persistence
- High likelihood of INR excursions/low TTR
- Increased risk of bleeding and vascular calcification
- Very low use of VKA, perhaps reflecting evidence gap

Apixaban in ESRD



Circulation

ORIGINAL RESEARCH ARTICLE



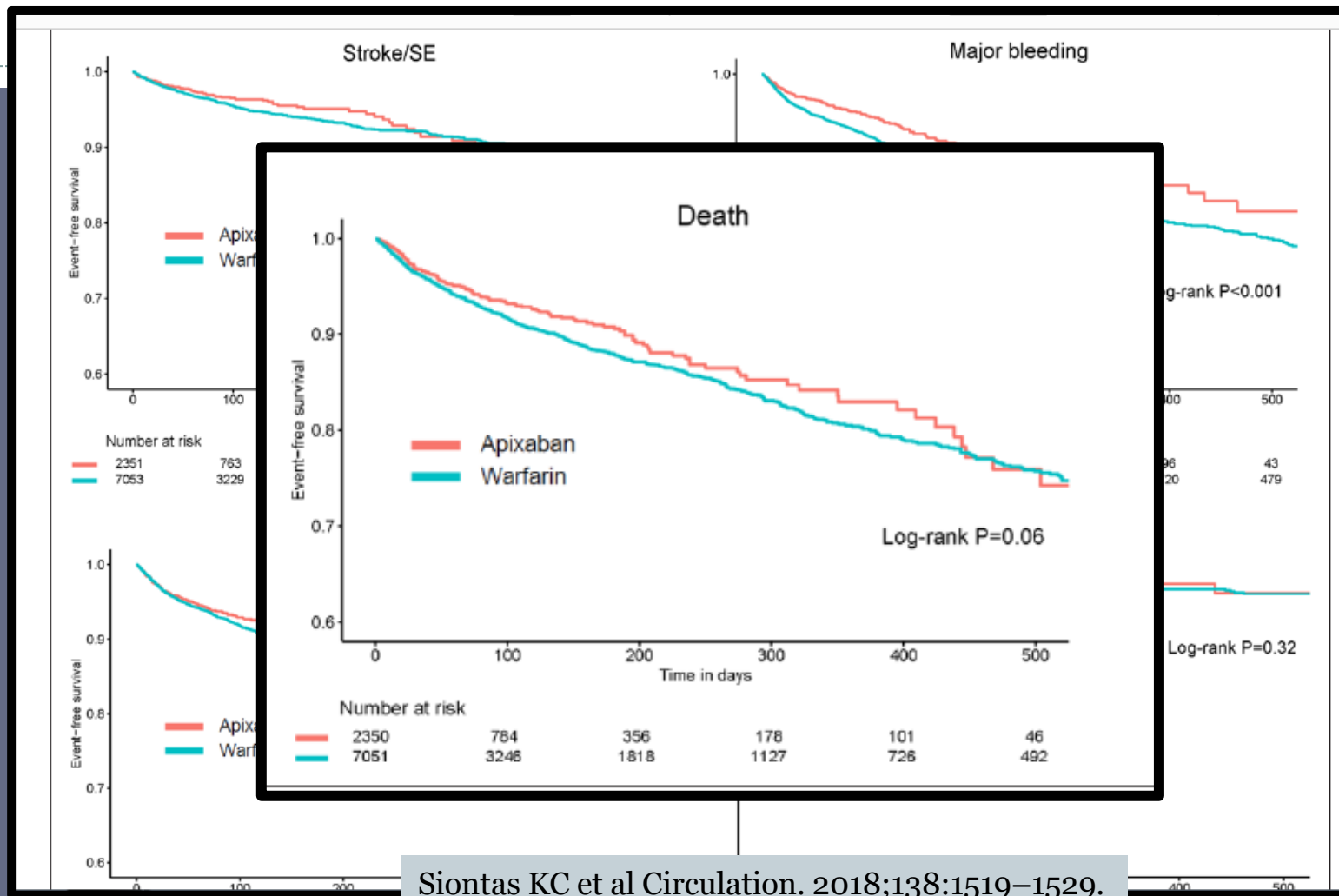
Outcomes Associated With Apixaban Use in Patients With End-Stage Kidney Disease and Atrial Fibrillation in the United States

Editorials, see p 1530 and p 1534

BACKGROUND: Patients with end-stage kidney disease (ESKD) on dialysis were excluded from clinical trials of direct oral anticoagulants for atrial fibrillation (AF). Recent data have raised concerns regarding the safety of

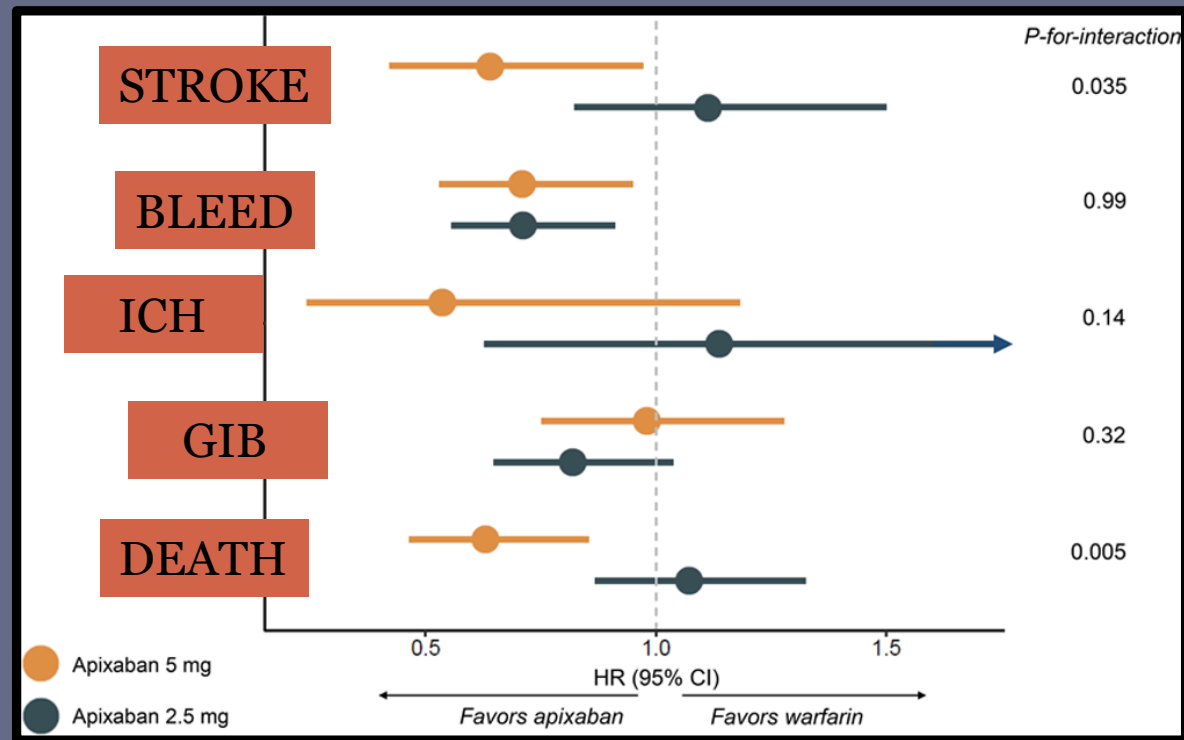
Konstantinos C. Siontis, MD
Xiaosong Zhang, MS
Ashley Eckard, MS
Nicole Bhavre, MD

Siontas KC et al Circulation. 2018;138:1519–1529.



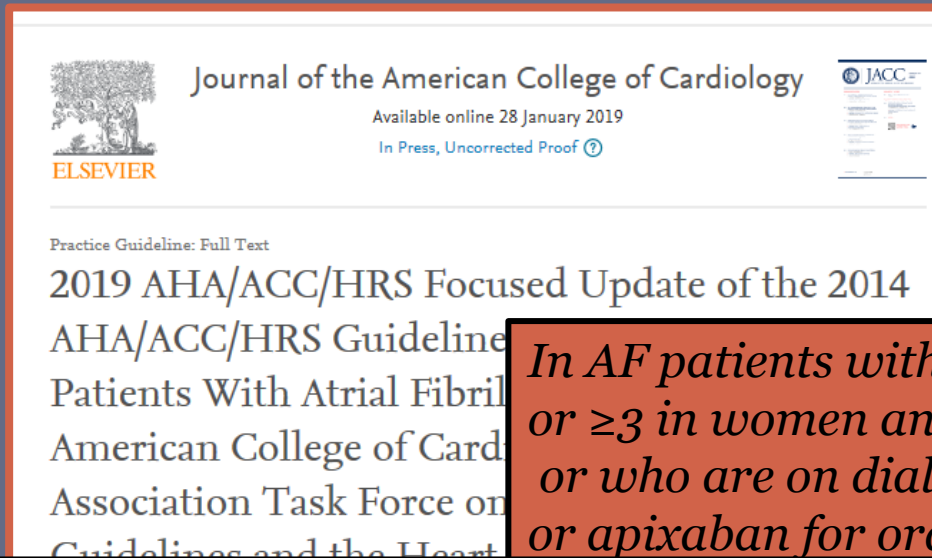
Siontas KC et al Circulation. 2018;138:1519–1529.

Apixaban in ESRD



Siontas KC et al Circulation. 2018;138:1519–1529.

2019 AHA/ACC/HRS AFIB Guidelines



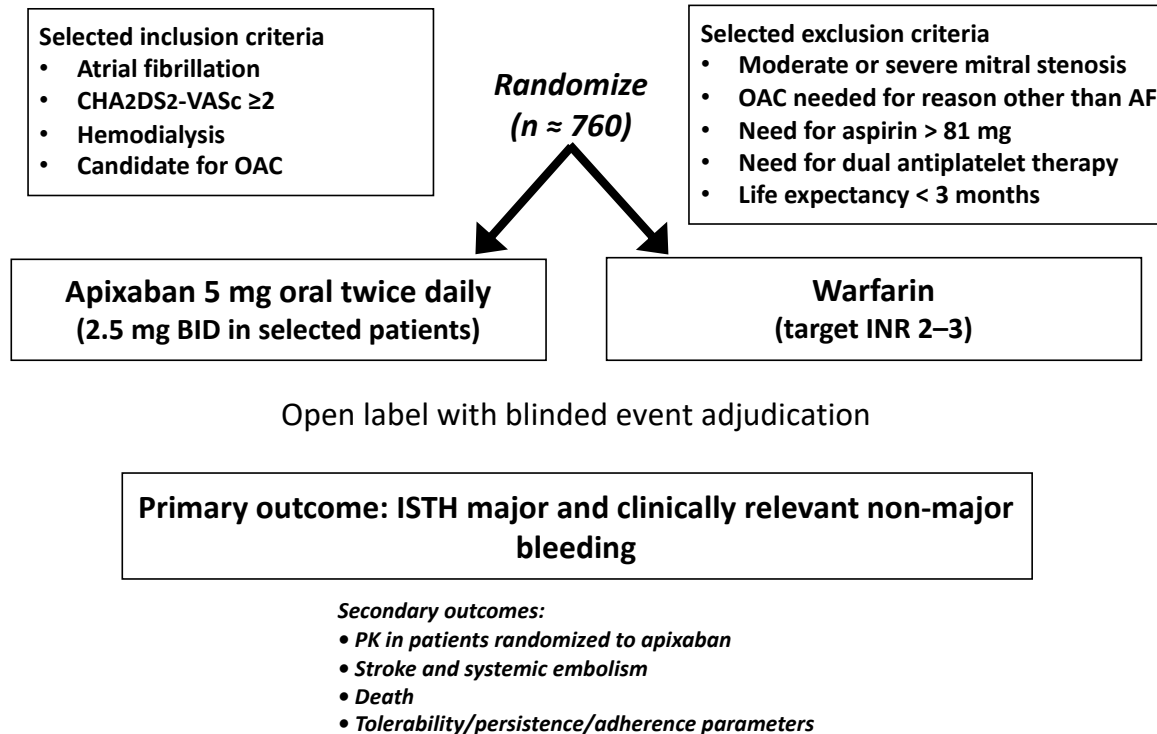
In AF patients with a CHA₂DS₂-VASc score ≥ 2 in men or ≥ 3 in women and a creatinine clearance < 15 ml/min or who are on dialysis, it is reasonable to use warfarin or apixaban for oral anticoagulation

EHRA-routine use of NOACs best avoided in CrCl < 15 ml/min & HD; given lack of strong evidence for VKA decision to anticoagulate remains an individualized one

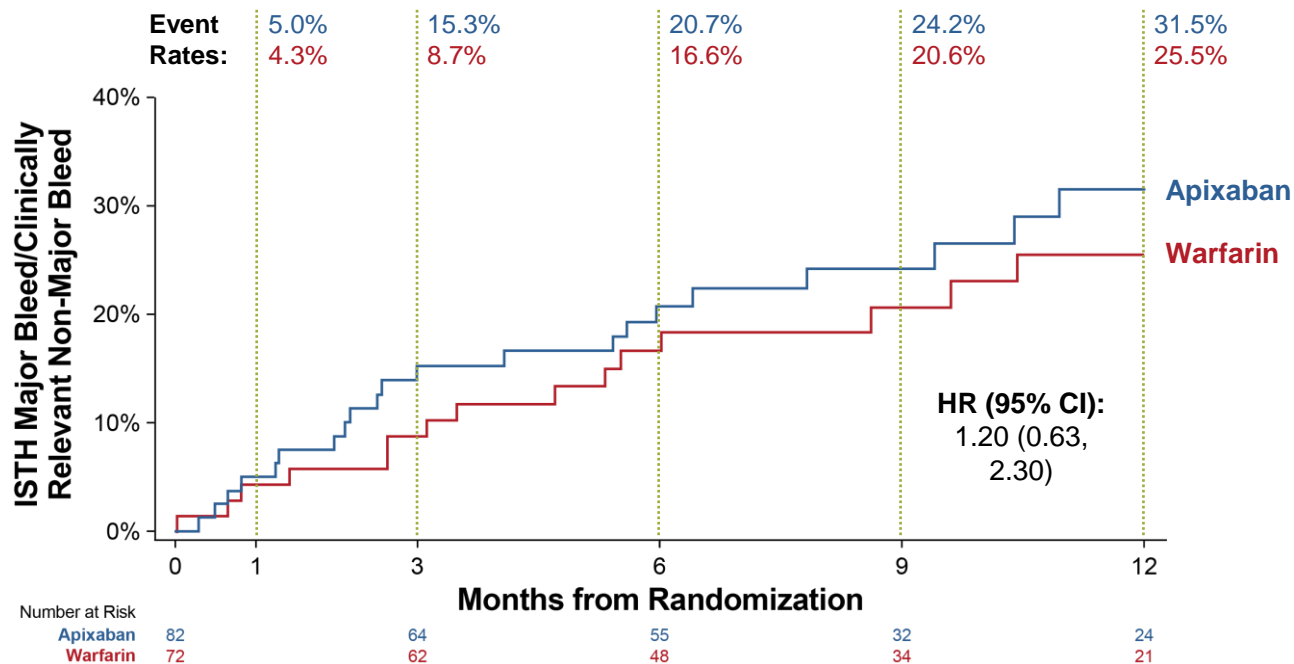
Wanns J et al. J Amer Coll Cardiol 2019 Jan 28

There is equipoise regarding warfarin use in AF and HD, and lack of any meaningful randomized data to guide care

Original Study Design



Time to Major or Clinically Relevant Non-Major Bleed for Intention to Treat



Conclusions

- We are in a new era of anticoagulation for atrial fibrillation
- We need to embrace this era
- Patients with AF are still at risk even when treated with traditional therapies. Thus, ensuring that all eligible AF patients receive an appropriate anticoagulant according to assessment of stroke and bleeding risk and patient preferences is critically important
- The new oral anticoagulants (dabigatran, rivaroxaban, apixaban, edoxaban) are all safe and effective and all have important advantages over warfarin
- Compared to warfarin, the risk of fatal bleeding was lower with NOACs in large RCTs

Conclusions

- In patients with AF, CKD and especially ESRD on HD, is a strong predictor of both thrombosis and bleeding
- In patients with AF and CKD (not on HD)
 - OAC is beneficial
 - NOACs are better than VKAs
 - The issue is getting dosing and monitoring (Cr) right
 - Standard dose should be used. Remember - we can adjust the dose, but should not lower the dose!!!
- In patients with AF and ESRD on HD
 - Outcomes are terrible
 - The benefits of OAC is not established
 - Increased bleeding and risk of vascular calcification are well established
 - We desperately need RCTs to guide practice in these patients

Thank you!



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*VA Salt Lake City
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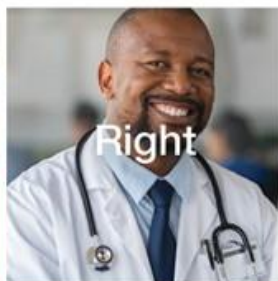
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